## Edgar Filing: SunOpta Inc. - Form 4

SunOnta Inc.

SunOpta Inc. Form 4								
Form 4 June 10, 2013 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940						OMB APPROVAL OMB 3235-0287 Number: January 31, Expires: 2005 Estimated average burden hours per response 0.5		
(Print or Type Respon	ises)							
1. Name and Address ROUTH ALLAN	2. Issuer Name and Symbol SunOpta Inc. [S7	Ι			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (F		3. Date of Earliest T (Month/Day/Year) 06/05/2013	ransaction		X Director Officer (give t below)	10%	) Owner r (specify	
		4. If Amendment, D Filed(Month/Day/Yea	-	1	<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
OWATONNA, M	1N 55060				Person	ore than one kep	porting	
(City) (S	State) (Zip)	Table I - Non-l	Derivative	Securities Acq	uired, Disposed of,	or Beneficiall	y Owned	
Security (Mon (Instr. 3)	ansaction Date 2A. Deem hth/Day/Year) Execution any (Month/Da	Date, if Transaction Code ay/Year) (Instr. 8)		<ul><li>(A)</li><li>or</li><li>(D) Price</li></ul>	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common 06/0 shares	07/2013	S	5,000	D <sup>\$</sup> 7.8801	426,329	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

## Edgar Filing: SunOpta Inc. - Form 4

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactio	5. orNumber	6. Date Exer Expiration D		7. Title and Amount of	8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	of Derivati Securitio Acquire (A) or Dispose of (D) (Instr. 3, 4, and 5)	es d d	/Year)	Underlying Securities (Instr. 3 and	Security (Instr. 5) 4)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D	) Date Exercisable	Expiration Date	Title Amou or Numb of Share	ber	

## **Reporting Owners**

Reporting Owner Name / Addr	ess	Relationships						
	Director	10% Owner	Officer	Other				
ROUTH ALLAN GLEN 50 KIRK PL. OWATONNA, MN 55060	Х							
Signatures								
Allan Routh	06/10/2013							
**Signature of Reporting Person	Date							

## **Explanation of Responses:**

If the form is filed by more than one reporting person, see Instruction 4(b)(v). \*

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.