WOLTZ H O III Form 4 August 13, 2018

#### FORM 4

### OMB APPROVAL

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

Expires: January 31, 2005

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * WOLTZ H O III			2. Issuer Name <b>and</b> Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
1373 BOGGS	3 BOGGS DRIVE		(Month/Day/Year) 08/09/2018	X Director 10% OwnerX Officer (give title Other (specify below) Chairman, President and CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
MOUNT AIRY, NC 27030			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State) (	Zip) Table	e I - Non-D	erivative S	Securi	ties Acqu	ired, Disposed o	f, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)  (A) or			5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	08/09/2018		M	4,322	A	\$ 34.49	501,835	D	
Common Stock	08/09/2018		M	2,194	A	\$ 20.5	504,029	D	
Common Stock	08/09/2018		M	1,899	A	\$ 21.96	505,928	D	
Common Stock	08/09/2018		M	7,657	A	\$ 18.05	513,585	D	
Common Stock	08/09/2018		M	5,753	A	\$ 23.95	519,338	D	

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			o o							
Common Stock	08/09/20	018	F	14,894	D	\$ 42.86	504,444	D		
Common Stock							113,328	I	Co-truste of Trusts created b Estate of Howard ( Woltz, Jr	у О.
Common Stock							54,798	I	Trustee of trusts for the benefit of children of H. O. Woltz III	it en
Common Stock (Restricted Stock Units)	I						33,628	D		
Common Stock							61,222	I	co-trustee of Woltz Foundation	
Reminder: Re	eport on a sep	arate line for each clas	ss of securities benefi	Person informa require	ns whationed to	o responding	directly.  nd to the collection this for unless the valid OMB (	rm are not form	SEC 1474 (9-02)	
			ative Securities Acquuts, calls, warrants,					ned		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Sec Acc (A) Disj	urities juired or posed of tr. 3, 4,	6. Date Exer Expiration D (Month/Day,	ate	7. Title and Underlying (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 34.49	08/09/2018		M		4,322	<u>(1)</u>	08/11/2026	Common Stock	4,322

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Common Stock (Right to Buy)	\$ 20.5	08/09/2018	M	2,194	<u>(1)</u>	08/12/2024	Common Stock	2,194
Stock Option (Right to Buy)	\$ 21.96	08/09/2018	M	1,899	<u>(1)</u>	02/17/2025	Common Stock	1,899
Stock Option (Right to Buy)	\$ 18.05	08/09/2018	M	7,657	<u>(1)</u>	08/17/2025	Common Stock	7,657
Stock Option (Right to Buy)	\$ 23.95	08/09/2018	M	5,753	<u>(1)</u>	02/11/2026	Common Stock	5,753
Stock Option (Right to Buy)	\$ 29.69				<u>(1)</u>	02/13/2028	Common Stock	14,340
Common Stock (Right to Buy)	\$ 37.06				<u>(1)</u>	02/07/2027	Common Stock	10,981
Stock Option (Right to Buy)	\$ 26.75				<u>(1)</u>	08/07/2027	Common Stock	16,094

### **Reporting Owners**

\*\*Signature of Reporting Person

Reporting Owner Name / Address	Relationships							
Topolong o who I tune / I tune os	Director	10% Owner	Officer	Other				
WOLTZ H O III 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	X		Chairman, President and CEO					
Signatures								
James F. Petelle for H. O.		08/13/2018						

Date

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#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.