FINKEL SHIRA E

Form 3 December 22, 2010						
FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION					OMB APPROVAL	
FURINGWashington, D.C. 20549				OMB Number:	3235-0104	
INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF				Expires:	January 31, 2005	
SECURITIES					Estimated a	verage
Section 17(a) of	t to Section 16(a) of the the Public Utility Hold 0(h) of the Investment (ing Company	y Act of 193:		burden hour response 1	0.5
(Print or Type Responses)						
1. Name and Address of Reporting Person <u>*</u> FINKEL SHIRA E	2. Date of Event Requiring Statement (Month/Day/Year)	iring 3. Issuer Name and Ticker or Trading Symbol MFA FINANCIAL, INC. [MFA]				
(Last) (First) (Middle)	12/16/2010	4. Relationsh Person(s) to I	ip of Reporting		Amendment, Da Month/Day/Year	•
C/O MFA FINANCIAL, INC., 350 PARK AVENUE, 21ST FLOOR		(Check	all applicable)			,
(Street)		X Officer (give title below		ow) 6. Ind Filing _X_F	ividual or Joint (Check Applicat orm filed by One	ole Line)
NEW YORK, NY 10022					orm filed by Mor ting Person	e than One
(City) (State) (Zip)	Table I -	Non-Derivat	tive Securiti	es Benefici	ally Owned	
1.Title of Security (Instr. 4)	2. Amount Beneficially (Instr. 4)	of Securities v Owned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Ownership (Instr. 5)	Indirect Benefi	cial
Common Stock, par value \$0.01 J	ber share 11,719		D	Â		
Common Stock, par value \$0.01 J	ber share 3,250		Ι	By 401(k)	Plan	
Reminder: Report on a separate line for e owned directly or indirectly.	ach class of securities benefic	cially S	SEC 1473 (7-02)		
information cont required to respo	pond to the collection o ained in this form are no ond unless the form disp MB control number.	ot				

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership

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	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	(Instr. 5)
Stock Option	10/01/2003	10/01/2013	Common Stock	7,500	\$ 10.25	D	Â
Phantom Share (1)	(2)	(2)	Common Stock	6,366	\$ 0	D	Â
Phantom Share (1)	(<u>3)</u>	(<u>3)</u>	Common Stock	18,500	\$ 0	D	Â
Phantom Share (1)	(4)	(4)	Common Stock	9,250	\$ 0	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
FINKEL SHIRA E C/O MFA FINANCIAL, INC. 350 PARK AVENUE, 21ST FLOOR NEW YORK, NY 10022	Â	Â	Senior Vice President	Â	

Signatures

Shira Finkel	12/22/2010
<u>**</u> Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each phantom share is the economic equivalent of one share of MFA's common stock, par value \$0.01 per share.
- (2) These phantom shares shall no longer be subject to forfeiture on December 31, 2010 and, thereafter, are payable on the earlier of termination of service with MFA or January 1, 2013.
- (3) These phantom shares shall no longer be subject to forfeiture on December 31, 2014 and, thereafter, are payable on the earlier of termination of service with MFA or January 4, 2016.
- (4) These phantom shares shall no longer be subject to forfeiture on December 31, 2014 (subject to MFA's achievement of specified performance goals) and, thereafter, are payable on the earlier of termination of service with MFA or January 4, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.