

BANCFIRST CORP /OK/
Form 4
August 04, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Harlow David R

(Last) (First) (Middle)

101 N BROADWAY

(Street)

OKLAHOMA CITY, OK 73102

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

BANCFIRST CORP /OK/ [BANF]

3. Date of Earliest Transaction
(Month/Day/Year)

08/02/2006

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)

Regional Executive

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	V	Amount	(A) or (D)	Price		
Common Stock	08/02/2006		M		5,810	A	\$ 15.25	5,810	D
Common Stock	08/02/2006		S		511	D	\$ 48.59	5,299	D
Common Stock	08/02/2006		S		100	D	\$ 48.57	5,199	D
Common Stock	08/02/2006		S		100	D	\$ 48.56	5,099	D
Common Stock	08/02/2006		S		200	D	\$ 48.38	4,899	D

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Common Stock	08/02/2006	S	500	D	\$ 48.37	4,399	D
Common Stock	08/02/2006	S	300	D	\$ 48.32	4,099	D
Common Stock	08/02/2006	S	100	D	\$ 48.31	3,999	D
Common Stock	08/02/2006	S	900	D	\$ 48.3	3,099	D
Common Stock	08/02/2006	S	200	D	\$ 48.29	2,899	D
Common Stock	08/02/2006	S	400	D	\$ 48.2	2,499	D
Common Stock	08/02/2006	S	200	D	\$ 48.19	2,299	D
Common Stock	08/02/2006	S	200	D	\$ 48.11	2,099	D
Common Stock	08/02/2006	S	2,099	D	\$ 48	0	D
Common Stock	08/03/2006	M	9,190	A	\$ 15.25	9,190	D
Common Stock	08/03/2006	S	1,000	D	\$ 47.982	8,190	D
Common Stock	08/03/2006	S	1,000	D	\$ 47.958	7,190	D
Common Stock	08/03/2006	S	100	D	\$ 47.904	7,090	D
Common Stock	08/03/2006	S	1,000	D	\$ 47.943	6,090	D
Common Stock	08/03/2006	S	1,000	D	\$ 47.889	5,090	D
Common Stock	08/03/2006	S	1,000	D	\$ 47.801	4,090	D
Common Stock	08/03/2006	S	1,862	D	\$ 47.8	2,228	D
Common Stock	08/03/2006	S	2,228	D	\$ 48	0	D
Common Stock						1,111.428	I ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Security (Instr. 3 and 4)	Amount or Number of Shares
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	511	10/05/2003	10/05/2014	Common Stock	511
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	100	10/05/2003	10/05/2014	Common Stock	100
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	100	10/05/2003	10/05/2014	Common Stock	100
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	200	10/05/2003	10/05/2014	Common Stock	200
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	500	10/05/2003	10/05/2014	Common Stock	500
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	300	10/05/2003	10/05/2014	Common Stock	300
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	100	10/05/2003	10/05/2014	Common Stock	100
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	900	10/05/2003	10/05/2014	Common Stock	900
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	200	10/05/2003	10/05/2014	Common Stock	200
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	400	10/05/2003	10/05/2014	Common Stock	400
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	200	10/05/2003	10/05/2014	Common Stock	200
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	200	10/05/2003	10/05/2014	Common Stock	200
Non-Qualified Stock Option	\$ 15.25	08/02/2006		M	2,099	10/05/2003	10/05/2014	Common Stock	2,099

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Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,000	10/05/2003	10/05/2014	Common Stock	1,0
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,000	10/05/2003	10/05/2014	Common Stock	1,0
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	100	10/05/2003	10/05/2014	Common Stock	10
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,000	10/05/2003	10/05/2014	Common Stock	1,0
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,000	10/05/2003	10/05/2014	Common Stock	1,0
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,000	10/05/2003	10/05/2014	Common Stock	1,0
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	1,862	10/05/2003	10/05/2014	Common Stock	1,8
Non-Qualified Stock Option	\$ 15.25	08/03/2006	M	2,228	10/05/2003	10/05/2014	Common Stock	2,2

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Harlow David R 101 N BROADWAY OKLAHOMA CITY, OK 73102			Regional Executive	

Signatures

By: Randy Foraker For: David
Harlow 08/04/2006

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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