HIGHWOODS PROPERTIES INC

Form 4 June 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

06/06/2014

06/06/2014

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22,796 D

114,410

D

1(0).										
(Print or Type l	Responses)									
1. Name and A HARRIS M	2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) C/O HIGHV INC., 3100 SUITE 600	3. Date of Earliest Transaction (Month/Day/Year) 06/06/2014					Director 10% Owner X Officer (give title Other (specify below)				
DAI EICH	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
RALEIGH,	NC 27004							Person		
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution		3. 4. Securities Acquired e, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	06/06/2014	06/06/2	014	M	6,542	A	\$ 29.05	120,952	D	
Common Stock	06/06/2014	06/06/2	014	M	6,098	A	\$ 32	127,050	D	
Common Stock	06/06/2014	06/06/2	014	M	5,015	A	\$ 33.93	132,065	D	
Common Stock	06/06/2014	06/06/2	014	M	5,141	A	\$ 36.5	137,206	D	

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Common	\$
Stock	42.21
	<u>(1)</u> <u>(2)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

De Se	Title of crivative curity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (In
					Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
St	ommon ock ght to	\$ 29.05	06/06/2014	06/06/2014	M		6,542	(3)	02/25/2017	Common Stock	6,542	\$
St	ommon ock ght to	\$ 32	06/06/2014	06/06/2014	M		6,098	<u>(3)</u>	02/27/2019	Common Stock	6,098	
St	ommon ock ght to	\$ 33.93	06/06/2014	06/06/2014	M		5,015	(3)	02/27/2018	Common Stock	5,015	\$
St (ri	ommon ock ght to	\$ 36.5	06/06/2014	06/06/2014	M		5,141	<u>(3)</u>	02/28/2020	Common Stock	5,141	:

Reporting Owners

Reporting Owner Name / Address	Ketationships						
	Director	10% Owner	Officer	Other			

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HARRIS MICHAEL E C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604

Executive Vice President & COO

Signatures

/s/Willis B. Howard Attorney-in-fact for Michael E. Harris

06/10/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the weighted average sale price. Sale prices range from \$42.10 \$42.40
- The reporting person upon request by the Commission staff, the issuer, or a security holder of the issuer, agrees to disclose full information regarding the number of shares sold at each separate price.
- (3) Options vest ratably over 4 years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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