Miller Jeffrey Douglas Form 4 March 02, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Common

Stock

Stock

Stock

02/29/2012

02/29/2012

03/01/2012

(Print or Type Responses)

See Instruction

1. Name and A Miller Jeffre	Symbol	2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC				5. Relationship of Reporting Person(s) to Issuer			
		[HIW]	VOODS P	KUPEKI	IES INC	(Che	eck all applicable	e)	
(Last)	(First) (M	,	3. Date of Earliest Transaction			Director X Officer (given		Owner er (specify	
6125 WILK	`	(Month/Day/Year) 02/29/2012				below) below) V.P./General Counsel & Sec.			
	4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
		Filed(Mon	nth/Day/Year)		Applicable Line) _X_ Form filed by	One Reporting Pe	erson	
RALEIGH,					Form filed by More than One Reporting Person				
(City)	(State)	Zip) Tabl	e I - Non-D	erivative S	ecurities Acc	quired, Disposed	of, or Beneficial	lly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ies Acquired	5. Amount of	6. Ownership	7. Nature of	
Security	(Month/Day/Year)	Execution Date, if		on(A) or Di	sposed of	Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code	(D)		Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and 5)	Owned	Indirect (I)	Ownership	
						Following Reported	(Instr. 4)	(Instr. 4)	
					(A)	Transaction(s)			
					or	(Instr. 3 and 4)			
			Code V	Amount	(D) Price	()			

A

D

F

11,894

3,134

4,368

<u>(1)</u>

<u>(2)</u>

<u>(3)</u>

D

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

02/29/2012

02/29/2012

03/01/2012

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control

64,943

61,809

57,441

D

D

D

SEC 1474 (9-02)

Edgar Filing: Miller Jeffrey Douglas - Form 4

number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 32	02/29/2012	02/29/2012	A	17,511	<u>(4)</u>	02/28/2019	Common Stock	17,511

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Miller Jeffrey Douglas 6125 WILKINSBURG RD. RALEIGH, NC 27612

V.P./General Counsel & Sec.

Signatures

/s/Willis B. Howard Attorney-in-fact for Jeffrey D. Miller

03/02/2012

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock is granted by the Company and not purchased by the reporting person.
- (2) Represents the number of shares forfeited under the Company's Long-Term Incentive Plan because the Company achieved less than target levels of performance relative to predetermined goals.
- (3) In accordance with the terms of the initial restricted stock award and in connection with the vesting of the award, the reporting person tendered a portion of the restricted stock award to the issuer in satisfaction of his tax liabilities.
- (4) Options vests ratably over 4 years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2