HERBALIFE LTD.

Form 4 May 09, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Expires:

January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **PURDY JOHN** Issuer Symbol HERBALIFE LTD. [HLF] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner Other (specify _X__ Officer (give title 1800 CENTURY PARK EAST 05/08/2006 below) below) Regional Director Asia Pacific (Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

LOS ANGELES, CA 90067

(City)	(State)	(Zip) Tab	ole I - Non-	-Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	omr Dispos (Instr. 3,	ed of	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/08/2006		M	20,000	A	\$ 0.88	76,200	D	
Common Stock	05/08/2006		S	1,000	D	\$ 38.3	75,200	D	
Common Stock	05/08/2006		S	1,000	D	\$ 38.25	74,200	D	
Common Stock	05/08/2006		S	2,000	D	\$ 38.19	72,200	D	
Common Stock	05/08/2006		S	600	D	\$ 38.18	71,600	D	

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Common Stock	05/08/2006	S	6,500	D	\$ 38.17	65,100	D
Common Stock	05/08/2006	S	1,500	D	\$ 38.1553	63,600	D
Common Stock	05/08/2006	S	3,500	D	\$ 38.15	60,100	D
Common Stock	05/08/2006	S	1,500	D	\$ 38.1226	58,600	D
Common Stock	05/08/2006	S	1,000	D	\$ 38.08	57,600	D
Common Stock	05/08/2006	S	1,400	D	\$ 38.0671	56,200	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	tion Date, if TransactionDerivation Code Securities h/Day/Year) (Instr. 8) Acquires or Disposition (D)		tive Expiration Date ies (Month/Day/Year) ed (A)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amour or Numb of Sha
non-qualified stock option (right to buy)	\$ 0.88	05/08/2006		M	20,000	<u>(1)</u>	10/22/2012	Common Stock	20,00

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Reporting Owners

Reporting Owner Name / Address	Keiationships						
	Director	10% Owner	Officer	Other			
PURDY JOHN 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			Regional Director Asia Pacific				

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Signatures

Vicki Tuchman by Power of Attorney 05/09/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option vests in 5% quarterly increments commencing on December 12/31/2002 and each quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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