HERBALIFE LTD.

Form 4 May 08, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * PROBERT GREGORY

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

HERBALIFE LTD. [HLF]

(Check all applicable)

(Last)

(First) (Middle) 3. Date of Earliest Transaction

Director X_ Officer (give title

10% Owner _ Other (specify

1800 CENTURY PARK EAST

(Street)

(Month/Day/Year) 05/04/2006

President & COO

6. Individual or Joint/Group Filing(Check

4. If Amendment, Date Original Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person

Form filed by More than One Reporting

Person

below)

LOS ANGELES, CA 90067

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4)	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/04/2006		M	45,000	A	\$ 7	56,025	D	
Common Stock	05/04/2006		S <u>(1)</u>	5,000	D	\$ 37.7	51,025	D	
Common Stock	05/04/2006		S <u>(1)</u>	5,000	D	\$ 37.55	46,025	D	
Common Stock	05/04/2006		S <u>(1)</u>	10,000	D	\$ 37.4092	36,025	D	
Common Stock	05/04/2006		S <u>(1)</u>	5,000	D	\$ 37.4023	31,025	D	

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Common Stock	05/04/2006	S <u>(1)</u>	10,000	D	\$ 37.3571	21,025	D
Common Stock	05/04/2006	S <u>(1)</u>	5,000	D	\$ 37.24	16,025	D
Common Stock	05/04/2006	S <u>(1)</u>	5,000	D	\$ 37.01	11,025	D
Common Stock	05/05/2006	M	30,000	A	\$ 7	41,025	D
Common Stock	05/05/2006	S <u>(1)</u>	5,000	D	\$ 38.35	36,025	D
Common Stock	05/05/2006	S(1)	5,000	D	\$ 38.25	31,025	D
Common Stock	05/05/2006	S <u>(1)</u>	5,000	D	\$ 38.2005	26,025	D
Common Stock	05/05/2006	S <u>(1)</u>	5,000	D	\$ 38.2001	21,025	D
Common Stock	05/05/2006	S <u>(1)</u>	5,000	D	\$ 38.15	16,025	D
Common Stock	05/05/2006	S(1)	5,000	D	\$ 37.74	11,025	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)			Month/Day/Year) Execution Date, if TransactionDerivative any Code Securities (Month/Day/Year) (Instr. 8) Acquired (A)		TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount Securitie 4)
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha		
non-qualified stock option (right to buy)	\$ 7	05/04/2006		M	45,000	(2)	07/31/2013	Common Stock	45,00		
non-qualified	\$ 7	05/05/2006		M	30,000	(2)	07/31/2013	Common	30,00		

stock option Stock (right to buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PROBERT GREGORY 1800 CENTURY PARK EAST LOS ANGELES, CA 90067

President & COO

Signatures

Vicki Tuchman by Power of Attorney

05/08/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 9, 2006.
- (2) Options were fully vested on July 31, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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