ANDERSON GENE H

Form 4 April 01, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB 3235-0287

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: January 31, Expires: 2005

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Estimated average burden hours per 0.5 response...

See Instruction

1(b).

(Print or Type R	desponses)					
1. Name and Address of Reporting Person * ANDERSON GENE H			2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) C/O HIGHWOODS PROPERTIES, INC., 3100 SMOKETREE COURT, SUITE 600			3. Date of Earliest Transaction (Month/Day/Year) 03/31/2005	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Sr. Vice President		
RALEIGH, I	(Street) NC 27604		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I Nam Davivative Securities Ass	grined Dignessed of an Bonoficially Owned		

(City)	(State) (Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	etion Date 2A. Deemed ay/Year) Execution Date, if any (Month/Day/Year)		4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	03/31/2005		A	2,659	A	<u>(1)</u>	33,046	D		
Common Stock	03/31/2005		A	1,773	A	<u>(1)</u>	34,819	D		
Common Stock	03/31/2005		A	1,773	A	<u>(1)</u>	36,592	D		
Common Stock							4,446 (2)	I	By Spouse	
							63,947	I		

Common By

Stock Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date ecurities (Month/Day/Year) acquired (A) r Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (right to buy) (3)	\$ 26.27 (4)	03/31/2005		A	36,964	<u>(5)</u>	02/29/2012	Common stock	36,964
Phantom Stock (7)	<u>(8)</u>	03/31/2005		A	196.97	01/31/2011	01/31/2011	Common stock	196.97

Reporting Owners

Reporting Owner Name / Address	Relationships						
in the state of th	Director	10% Owner	Officer	Other			
ANDERSON GENE H C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604	X		Sr. Vice President				

Signatures

Cynthia M. Latvala for, Gene H.
Anderson
04/01/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

Edgar Filing: ANDERSON GENE H - Form 4

- (1) Restricted stock is granted by the Company and not purchased by the reporting person.
- (2) Reflects 1,911 restricted shares granted to spouse for which beneficial ownership was acquired in 2004 by way of marriage.
- (3) Stock option grant was approved 03/31/2005. Vesting is based on 03/01/2005.
- (4) The exercise price is an average of the stock's closing price during a 10-day period prior to the grant date.
- (5) Option vests ratably on the first through fourth anniversaries of grant date.
- (6) Stock options are granted by the Company and not purchased by the reporting person.
- (7) Pursuant to issuer's Deferred Compensation Plan adopted under its 1994 Stock Option Plan.
- (8) Security converts to cash price of common stock on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.