## **UNITED STATES**

## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

**CURRENT REPORT** 

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: July 7, 2006

(Date of earliest event reported)

# VERIZON COMMUNICATIONS INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction

1-8606 (Commission File Number)

23-2259884 (I.R.S. Employer

of incorporation)

Identification No.)

140 West Street New York, New York (Address of principal executive offices)

10007

(Zip Code)

Registrant s telephone number, including area code: (212) 395-1000

Not Applicable

(Former name or former address, if changed since last report)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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### Item 8.01 Other Events.

On July 7, 2006, Verizon Communications Inc. (Verizon) announced the filing of a Form 10 registration statement with the Securities and Exchange Commission in a step toward a proposed spin-off of Verizon s domestic print and Internet yellow pages directories to its stockholders.

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#### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Verizon Communications Inc. (Registrant)

Date: July 7, 2006

/s/ Marianne Drost Marianne Drost Senior Vice President, Deputy General Counsel and

Corporate Secretary

#### **EXHIBIT INDEX**

#### **Exhibit**

### Number Description

Attached as an exhibit is a press release dated July 7, 2006 issued by Verizon Communications Inc. (Verizon) related to Verizon s announcement that it filed a Form 10 registration statement with the Securities and Exchange Commission in a step toward a proposed spin-off of Verizon s domestic print and Internet yellow pages directories to its stockholders.