FEDERAL REALTY INVESTMENT TRUST

Form 4

August 23, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

3235-0287

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

burden hours per response...

Estimated average

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * WOOD DONALD C

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

FEDERAL REALTY **INVESTMENT TRUST [FRT]**

X Director

(Last) (First) (Middle)

(Month/Day/Year)

10% Owner _X__ Officer (give title Other (specify below)

1626 EAST JEFFERSON STREET

08/23/2012

Trustee, President and CEO

(Check all applicable)

(Street) 4. If Amendment, Date Original

Applicable Line)

Filed(Month/Day/Year)

3. Date of Earliest Transaction

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Person

ROCKVILLE, MD 20852

(City)	(State)	(Zip) Tabl	e I - Non-D	Perivative	Secui	ities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
shares of beneficial interest	08/23/2012		S	100	D	\$ 107.19	368,890 (1)	D	
Common shares of beneficial interest	08/23/2012		S	300	D	\$ 107.17	368,590 (1)	D	
Common shares of beneficial interest	08/23/2012		S	700	D	\$ 107.16	367,890 <u>(1)</u>	D	

Common shares of beneficial interest	08/23/2012	S	400	D	\$ 107.15	367,490 <u>(1)</u>	D
Common shares of beneficial interest	08/23/2012	S	100	D	\$ 107.14	367,390 (1)	D
Common shares of beneficial interest	08/23/2012	S	300	D	\$ 107.11	367,090 (1)	D
Common shares of beneficial interest	08/23/2012	S	290	D	\$ 107.1	366,800 (1)	D
Common shares of beneficial interest	08/23/2012	S	300	D	\$ 107.09	366,500 (1)	D
Common shares of beneficial interest	08/23/2012	S	300	D	\$ 107.08	366,200 (1)	D
Common shares of beneficial interest	08/23/2012	S	200	D	\$ 107.07	366,000 (1)	D
Common shares of beneficial interest	08/23/2012	S	1,000	D	\$ 107.06	365,000 (1)	D
Common shares of beneficial interest	08/23/2012	S	1,010	D	\$ 107.05	363,990 (1)	D
Common shares of beneficial interest	08/23/2012	S	800	D	\$ 107.04	363,190 (1)	D
Common shares of beneficial interest	08/23/2012	S	800	D	\$ 107.03	362,390 (1)	D
	08/23/2012	S	200	D		362,190 (1)	D

Common shares of beneficial interest					\$ 107.02		
Common shares of beneficial interest	08/23/2012	S	200	D	\$ 107.01	361,990 <u>(1)</u>	D
Common shares of beneficial interest	08/23/2012	S	1,300	D	\$ 107	360,690 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	:	ate	Under	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secun Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Kelationships							
• 0	Director	10% Owner	Officer	Other				
WOOD DONALD C			Trustee,					
1626 EAST JEFFERSON STREET	X		President and					
ROCKVILLE MD 20852			CEO					

Reporting Owners 3

Signatures

Dawn M. Becker, by power of attorney 08/23/2012

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

(1) Shares owned indirectly by wife: 5,625.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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