NASDAQ Premium Income & Growth Fund Inc.

Form 4

Common

Stock

11/15/2010

November 18, 2010

November	18, 2010										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB APPROVAL			
	Washington, D.C. 20549							O.,	/IB mber:	3235-0287	
if no lo subject Section Form 4 Form 5 obligat	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(b) and the securities Exchange Act of 1935 or Section 17(c							F Esi bui res	Expires: January 31 Expires: 200 Estimated average burden hours per response 0.		
•	etruction				nt Company Act						
(Print or Type	e Responses)										
1. Name and Address of Reporting Person * IQ Investment Advisors LLC			2. Issuer Name and Ticker or Trading Symbol NASDAQ Premium Income & Growth Fund Inc. [QQQX]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 4 WORLD FINANCIAL CENTER			3. Date of Earliest Transaction (Month/Day/Year) 11/15/2010				Director 10% Owner Officer (give titleX_ Other (specify below) Former Investment Manager				
	4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person							
NEW YO	RK, NY 10080						Form filed b Person	y More th	nan One Rep	orting	
(City)	(State)	(Zip)	Ta	ble I - Non	-Derivative Securi	ities Acq	uired, Disposed	of, or I	Beneficially	y Own	ed
1.Title of Security (Month/Day/Year) Execution (Instr. 3)			* * * *				Sec	mount ourities	Owne		7. Nature of Indirect Beneficial

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Code V

S

(Month/Day/Year) (Instr. 8)

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SEC 1474

(9-02)

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Owned

Following

Reported

Transaction(s)

(Instr. 3 and 4)

Direct (D)

or Indirect

(Instr. 4)

D

Ownership

(Instr. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Amount

8,176.2951

(A)

(D)

D

Price

112,622.74

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Month/Day/Year) Execution Date, if		orNumber	Expiration D	ate	Amount of		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securities		(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date Expiration Exercisable Date	Expiration	n Title N	or		
							•		Number		
									of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

IQ Investment Advisors LLC 4 WORLD FINANCIAL CENTER NEW YORK, NY 10080

Former Investment Manager

Signatures

/s/ Jeff McGoey, Vice President of IQ Investment Advisors LLC

11/17/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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