Edgar Filing: NATURAL ALTERNATIVES INTERNATIONAL INC - Form 4

	Eugai Fili	ng. NAT			AIIVE3			IONAL INC -	-01111 4			
NATURAL Form 4 August 09,	. ALTERNATIVE 2007	ES INTER	RNATIO	NAL IN	С							
FORM	ЛД									APPROVAL		
W				CURITIES AND EXCHANGE COM Washington, D.C. 20549					OMB Number:	3235-0287		
Check ti if no lor subject Section Form 4	nger to 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: Estimated burden he response	•		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
LEDOUX MARK A Symbol NATU				RAL AL	nd Ticker of	TIVE	S	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
]					NAL INC	INA	11]					
				e of Earliest Transaction n/Day/Year) /2007				X DirectorX 10% Owner X Officer (give title Other (specify below) CEO/Chairman				
				nendment, Date Original Ionth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
	SAN MARCOS, CA 92078 Person											
(City)	(State)	(Zip)	Tab	ole I - Non-	-Derivative	Secu	rities Acq	uired, Disposed o	of, or Benefic	ially Owned		
1.Title of Security (Instr. 3)		nsaction Date 2A. Deemed th/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securit or(A) or Dis (Instr. 3, 4	sposed 4 and 5 (A) or	of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common				Code V	Amount	(D)	Price	(
Stock	08/08/2007			F <u>(3)</u>	10,941	D	\$ 6.91	100,176	D			
Common Stock	08/08/2007			М	25,000	А	\$ 3.024 (1)	125,176	D			
Common Stock								575,851	Ι	By LeDoux Family Limited Partnership		
Common Stock								800	Ι	By self as Custodian		

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									for Jean-Marc Emile LeDoux	
Common Stock						4	0,000	Ι	By IRA	
Common Stock						2	8,000	Ι	By 401(k) Plan	
Common Stock						8	00	Ι	By self as Custodian for Jeannette LeDoux	
Common Stock						1	71,951	I	By self as Trustee for Marie Altmann LeDoux Family Trust	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)										
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactic Code (Instr. 8)	TransactionDerivativeExpiration DateUnderCodeSecurities(Month/Day/Year)(Instruction)			e and Amount of lying Securities 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 3.024	08/08/2007		М		25,000	(2)	08/19/2007	Common Stock	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
LEDOUX MARK A 1185 LINDA VISTA DR SAN MARCOS, CA 92078	Х	Х	CEO/Chairman					
Signatures								

/s/ John Reaves on behalf of Mr. LeDoux under a Power of Attorney

**Signature of Reporting Person

08/09/2007

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents exercise of incentive stock options.
- (2) The securities vested 34% on August 20, 2003 and 33% on August 20, 2004 and April 27, 2005.
- (3) Represents the surrender of shares owned by Mr. LeDoux to the Company as payment of the exercise price for the incentive stock option exercised on August 8, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.