Edgar Filing: WHITE JOSEPH W CPA - Form 4

WHITE JOS	EPH W CPA											
Form 4												
March 05, 20	007											
FORM	1										PPROVAL	
	UNII	ED STATE				ND EXC D.C. 205		NGE (COMMISSION	OMB Number:	3235-0287	
Section 16. Form 4 or Form 5 obligations Filed pursuant to Section 16				GES IN BENEFICIAL OWNERSH SECURITIES 6(a) of the Securities Exchange Act of					ge Act of 1934,	Expires:January 3 200Estimated average burden hours per response0		
may cont See Instru 1(b).	inue. Section		e Public Ut a) of the Inv						f 1935 or Sectio 40	n		
(Print or Type F	(esponses)											
WHITE JOSEPH W CPA Symbol				INA HEALTHCARE INC					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 2277 FAIR	(First) OAKS BLVI	(Middle) D, STE 440	3. Date of (Month/D 03/01/20	ay/Year]		insaction			Director X_Officer (give below)		6 Owner er (specify	
Filed(Mon				nendment, Date Original onth/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
SACRAME	NTO, CA 95	825							Person		1 0	
(City)	(State)	(Zip)	Table	e I - Nor	n-De	erivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transactior (Month/Day/	any	eemed tion Date, if n/Day/Year)	Code (Instr.	8)	4. Securit onAcquired Disposed (Instr. 3, Amount	(A) o of (D 4 and (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/01/2007			A <u>(1)</u>		3,500	А	\$0	10,612 <u>(2)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date	. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 25.33					02/10/2005 <u>(3)</u>	02/10/2014	Common Stock	15,000	
Stock Option (Right to Buy)	\$ 44.29					07/01/2006 <u>(4)</u>	07/01/2015	Common Stock	4,500	
Stock Option (Right to Buy)	\$ 28.66					02/02/2007 <u>(5)</u>	02/02/2016	Common Stock	9,500	
Stock Option (Right to Buy)	\$ 31.32	03/01/2007		A <u>(6)</u>	3,000	03/01/2008 <u>(7)</u>	03/01/2017	Common Stock	3,000	

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
WHITE JOSEPH W CPA 2277 FAIR OAKS BLVD, STE 440 SACRAMENTO, CA 95825			VP, Accounting				
Signatures							
Joseph W. White, by Jeff D. Barlow, Attorney-in-Fact.			03/05/2007				
<u>**</u> Signature of Reporting Person			Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Grant of restricted shares under the issuer's 2002 Equity Incentive Plan. The shares vest in one-quarter increments on each of 3/1/08, 3/1/09, 3/1/10, and 3/1/11.

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3,380 of the shares are unvested. Increments of 220 shares each shall vest on 7/1/2007, 7/1/2008, 7/1/2009, and 7/1/2010, and increments
(2) of 833 shares each shall vest on August 15, 2007, 2008, and 2009. 3,000 shares vest in one-quarter increments on each of 3/1/08, 3/1/09, 3/1/10, and 3/1/11. 3,500 of the vested shares are subject to a restriction on transfer until August 2, 2007.

- (3) The options vest in one-third increments on each of 2/10/2005, 2/10/2006, and 2/10/2007.
- (4) The options vest in one-third increments on each of 7/1/2006, 7/1/2007, and 7/1/2008.
- (5) The options vest in one-third increments on each of 2/2/2007, 2/2/2008, and 2/2/2009.
- (6) Grant of options under the issuer's 2002 Equity Incentive Plan.
- (7) The options vest in one-quarter increments on each of 3/1/08, 3/1/09, 3/1/10, and 3/1/11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.