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NATURAL ALTERNATIVES INTERNATIONAL INC

Form 4

October 17, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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5. Relationship of Reporting Person(s) to

Issuer

Check this box if no longer subject to Section 16. Form 4 or

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

NATURAL ALTERNATIVES

See Instruction 30(h) of the Investment Company Act of 1940

Symbol

1(b).

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obligations

(Print or Type Responses)

LEDOUX MARK A

1. Name and Address of Reporting Person *

				INTERNATIONAL INC [NAII]		(Check all applicable)						
(Last) (First) (Middle) 1185 LINDA VISTA DR			3. Date of Earliest Transaction (Month/Day/Year) 10/16/2006			_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) CEO/Chairman						
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
	SAN MARC	COS, CA 92078							Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secur	ities A	cquired, Disposed	l of, or Benefic	ially Owned	
	1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year	Execution any	med on Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	(A) of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	10/16/2006			G <u>(1)</u>	1,200	D	<u>(1)</u>	171,117	D		
	Common Stock								171,951	I	By self as Trustee for Marie Altmann LeDoux Family Trust	
	Common Stock								610,851	I	By LeDoux Family Limited	

Partnership

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Common Stock	800	I	By self as Custodian for Jean-Marc Emile LeDoux
Common Stock	40,000	I	By IRA
Common Stock	28,000	I	By 401(k) Plan
Common Stock	800	I	By self as Custodian for Jeannette LeDoux

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security or Exercise (Instr. 3) Price of Derivative Security Securities Se	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Titl	le and	8. Price of
(Instr. 3) Price of Derivative Securities (Instr. 3 and 4) Securities Securities Securities Securities (Instr. 3 and 4) Securities Securities Securities Securities (Instr. 3 and 4) Securities Securi	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Da	ate	Amou	ınt of	Derivative
Derivative Security Securities (Instr. 3 and 4) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Amount Or Number of	Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security
Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Date Exercisable Date Date Date Date Date Date Date Or Number of	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)
(A) or Disposed of (D) (Instr. 3, 4, and 5) Date Expiration or Exercisable Date Title Number of		Derivative				Securities			(Instr.	. 3 and 4)	
Disposed of (D) (Instr. 3, 4, and 5) Date Expiration Title Number of		Security				Acquired					
of (D) (Instr. 3, 4, and 5) Date Expiration Title Number of		•				(A) or					
(Instr. 3, 4, and 5) Date Expiration Title Number of						Disposed					
Amount Date Expiration Title Number Exercisable Date of						of (D)					
Date Expiration or Exercisable Date Date of						(Instr. 3,					
Date Expiration or Exercisable Date Title Number of						4, and 5)					
Date Expiration or Exercisable Date Title Number of											
Date Expiration Title Number Exercisable Date of										Amount	
Exercisable Date Title Number of							Date	Expiration			
of								•	Title		
Code V (A) (D) Shares											
					Code V	(A) (D)				Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LEDOUX MARK A 1185 LINDA VISTA DR SAN MARCOS, CA 92078	X	X	CEO/Chairman					

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Signatures

/s/ John Reaves on behalf of Mr. LeDoux under a Power of Attorney

10/17/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents a gift and intrafamily transfer from Mr. LeDoux to his brother.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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