INSTEEL INDUSTRIES INC

Form 4

November 29, 2016

OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

2. Issuer Name and Ticker or Trading

Symbol

5. Relationship of Reporting Person(s) to

Issuer

(Print or Type Responses)

PETELLE JAMES F

1. Name and Address of Reporting Person *

			INSTEEL INDUSTRIES INC [IIIN]					(Check all applicable)			
(Last) (First) (Middle) 1373 BOGGS DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 11/28/2016					Director 10% Owner Other (specify elow) below) Vice President			
				ndment, Dat h/Day/Year)	_		A	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MOUNT AI	RY, NC 27030					P	Form filed by More than One Reporting Person				
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, it any (Month/Day/Year)			3. Transactic Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/28/2016			M	3,536	A	\$ 20.5	19,332	D		
Common Stock	11/28/2016			M	1,915	A	\$ 18.05	21,247	D		
Common Stock	11/28/2016			F	3,549	D	\$ 41.06	17,698	D		
Common Stock	11/29/2016			S	1,902	D	\$ 40.678	15,796	D		
Common Stock (Restricted								10,233	D		

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Stock Units)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 18.05	11/28/2016		M		1,915	<u>(1)</u>	08/17/2025	Common Stock	1,915
Stock Option (Right to Buy)	\$ 20.5	11/28/2016		M		3,536	<u>(1)</u>	08/12/2024	Common Stock	3,536
Stock Option (Right to Buy)	\$ 34.49						<u>(1)</u>	08/11/2026	Common Stock	3,241
Stock Option (Right to Buy)	\$ 19.08						<u>(1)</u>	02/12/2024	Common Stock	3,607
Incentive Stock Option (Right to Buy)	\$ 17.22						<u>(1)</u>	08/12/2023	Common Stock	2,744
Common Stock (Right to	\$ 23.95						<u>(1)</u>	02/11/2026	Common Stock	4,315

Buy)

Stock

Buy)

Option \$21.96

(1) 02/17/2025 Co

Common Stock

4,839

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PETELLE JAMES F 1373 BOGGS DRIVE MOUNT AIRY, NC 27030

Vice President

Signatures

James F. Petelle 11/29/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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