CANARC RESOURCE CORP Form 6-K May 14, 2008

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of

The Securities Exchange Act of 1934

CANARC RESOURCE CORP.

800, 850 West Hastings Street, Vancouver, British Columbia, V6C 1E1

EXHIBIT LIST

32.1	CEO Certification
32.2	CFO Certification
99.1	First Quarter 2008 Financial Statements
99.2	Management's Discussion & Analysis

SIGNATURES

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Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to	be
signed on its behalf by the undersigned, thereunto duly authorized.	

Canarc Resource Corp.

(Registrant)

Date: May 14, 2008 /s/ Bradford Cooke

Bradford Cooke

Chief Executive Officer