Jobe James F Form 5 February 15,										
FORM								OMB A	PPROVAL	
	-	STATES SECU	S SECURITIES AND EXCHANGE C				OMMISSION	OMB Number:	3235-0362	
Check this no longer s	Wa	Washington, D.C. 20549					Expires:	January 31, 2005		
to Section Form 4 or 5 obligatio may contin <i>See</i> Instruc		ATEMENT OF CHANGES IN BENER OWNERSHIP OF SECURITIES					Estimated a burden hou response	average Irs per		
Section InductionFiled pursuant to Section 16(a) of the Securities Exchange Act of 1934,1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or SectionReported30(h) of the Investment Company Act of 1940TransactionsReported										
1. Name and A Jobe James	Symbol NATIC	2. Issuer Name and Ticker or Trading Symbol NATIONAL HEALTH INVESTORS INC [NHI]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (M	Iiddle) 3. Staten (Month/I	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2017				_X_Director10% Owner Officer (give titleOther (specify below)below)			
2058 ALEX	ANDER BLVD.									
			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
MURFREESBORO, TN 37130 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person										
(City)	(State)	(Zip) Tab	le I - Non-Deri	ivative Sec	curities	s Acqu	iired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)			3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock - Jointly held with spouse	09/01/2017	Â	G	140	D	\$ 0	9,445	D	Â	
Common Stock - IRA SEP	Â	Â	Â	Â	Â	Â	500	D	Â	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless

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the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3		Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. O B B O Eı S Fi (I
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addre		s Relationships						
	Director	10% Owner	Officer	Other				
Jobe James R 2058 ALEXANDER BLV MURFREESBORO, TN	ÂX	Â	Â	Â				
Signatures								
/s/ James R. Jobe	02/15/20)18						
<u>**</u> Signature of Reporting Person	Date							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.