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WEBB ROP Form 4	BERT T										
April 15, 20	10										
FORM 4 UNITED STATES SECUR									OMB APPROVAL		
				RITIES AND EXCHANGE CC shington, D.C. 20549				OWIMISSION	OMB Number:	3235-0287	
Check th if no lon subject t Section Form 4 o Form 5 obligatio may con <i>See</i> Instr 1(b).	ger o 16. or Filed pur ons tinue.	CHAN ction 1 ıblic Ut	GES IN SECUR	BENEFI ITIES e Securit ling Corr	CIA ies E	NERSHIP OF e Act of 1934, 1935 or Section 0	Estimated average burden hours per response 0.5				
(Print or Type	Responses)										
1. Name and A WEBB RO	Address of Reporting BERT T	s N	ymbol NATIO	Name and NAL HE ΓORS IN	ALTH	Tradir	ıg	5. Relationship of Issuer (Check	Reporting Pers		
(Last) 2714 ARCI	(First) (HER AVENUE	(f Earliest Tr Day/Year) 010	ansaction			X Director Officer (give below)		Owner er (specify	
MURFREE	(Street) SBORO, TN 371	F		ndment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	One Reporting Pe	rson	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative s	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Data (Month/Day/Year)	ransaction Date 2A. Deemed nth/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Shares Of Common Stock	04/13/2010			Code V M	Amount 15,000	(D) A	Price \$ 34.25	(Instr. 3 and 4) 133,351	I	Nancy P. Webb	
Shares Of Common Stock	04/13/2010			S	12,799	D	\$ 40.14	120,552	I	Nancy P. Webb	
Shares Of Common Stock	04/13/2010			М	15,000	А	\$ 35.99	135,552	I	Nancy P. Webb	
Shares Of Common	04/13/2010			S	13,450	D	\$ 40.14	122,102	Ι	Nancy P. Webb	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 34.25	04/13/2010		М	15,000	05/16/2007	05/15/2012	Nhi Common Stock	15,000
Stock Options (Right to Buy)	\$ 35.99	04/13/2010		М	15,000	02/25/2010	02/25/2015	Nhi Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Po							
	Director	10% Owner	Officer	Other				
WEBB ROBERT T 2714 ARCHER AVENUE MURFREESBORO, TN 37129	X							
Signatures								
/s/Kimberly V. Ouimet, attorney Webb	04/14/2010							
**Cignotype of Departing D	rean			Data				

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Relationships

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