BLACKROCK MUNIHOLDINGS FUND II , INC Form 3 March 10, 2009 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person [*]			2. Date of Event Requiring Statement (Month/Day/Year) 02/28/2009	3. Issuer Name and Ticker or Tradir BLACKROCK MUNIHOLD [MUH]				
(Last)	(First)	(Middle)		4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)	
200 BAY ST	REET							
(Street)			(Check all applicable)			6. Individual or Joint/Group		
TORONTOÂ	M5J 2J5			Director Officer (give title below	X10% Other) (specify belo		Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I - N	lon-Derivati	ve Securiti	ies Beneficially Owned		
1.Title of Securit (Instr. 4)	у		2. Amount of Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr.		
Auction Rate	Preferred		286 <u>(1)</u> <u>(2)</u>		Ι	By su	ubsidiary	
Reminder: Repor owned directly or	indirectly. Persor inform require	ns who resp ation conta ed to respo	ch class of securities benefici bond to the collection of ained in this form are not nd unless the form displ MB control number.	SE	EC 1473 (7-02))		

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial Ownership
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	(Instr. 5)
		(Instr. 4)	Price of	Derivative	
		Title	Derivative	Security:	
			Security	Direct (D)	

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Date	Expiration	Amount or	or Indirect
Exercisable	Date	Number of	(I)
		Shares	(Instr. 5)

Reporting Owners

Reporting Owner Name / Address					
	Director	10% Owner	Officer	Other	
ROYAL BANK OF CANADA \ 200 BAY STREET TORONTOÂ M5J 2J5	Â	ÂX	Â	Â	
Signatures					
Royal Bank of Canada, By: /s/ To: President	03/06/2009				
<u>**</u> Signature of Report	Date				
/s/ Bryan Osmar, Senior Vice Pres	03/06/2009				
**Signature of Reporting Person					Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Auction Preferred Shares ("Shares") reported in Table 1 represent 286 Shares beneficially owned by RBC Capital Markets Corporation, which is an indirectly wholly owned subsidiary of Royal Bank of Canada ("RBC").

The 286 Shares reported herein represent RBC's combined holdings in multiple series of auction preferred securities of the issuer, which are treated herein as one class of securities in accordance with the Auction Rate Securities - Global Exemptive Relief no-action letter issued by the Securities and Exchange Commission (the "SEC") on September 22, 2008. RBC undertakes to provide, upon request by the

(2) Issued by the securities and Exchange Commission (the SEC) on september 22, 2008. RBC undertakes to provide, upon request by the SEC staff, the issuer or a security holder of the issuer, complete information regarding the number of securities purchased or sold at each different price and date of all transactions in such securities that occurred after RBC became a 10% owner but prior to the date of this filing.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.