## Edgar Filing: MFA FINANCIAL, INC. - Form 4

MFA FINANCL Form 4 July 01, 2014	AL, INC.										
FORM 4								OMB APPROVAL			
Washington, D.C. 20549							OMB Number:	3235-0287			
Check this bo if no longer								Expires:	January 31, 2005		
subject to STATEMENT OF CHANGES IN BENEFICIAL OWN					NERSHIP OF	Estimated a	timated average				
Section 16. Form 4 or		SECURITIES						burden hou			
Form 5	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,						e Act of 1934	response	0.5		
obligations	Section 17(a						-	f 1935 or Section	n		
may continue. See Instruction	•			•	Compan	· ·					
1(b).					1	•					
(Print or Type Respo	onses)										
FREYDBERG RONALD A Symbol				Name and	I Ticker or	Tradin	g	5. Relationship of Reporting Person(s) to Issuer			
				NANCL	AL, INC.	[MF.	A]				
(Last)	(First) (M						(Check all applicable)				
				n/Day/Year)				Director 10% Owner			
C/O MFA FINANCIAL, INC., 350 06/30/2014						X_ Officer (give title Other (specify below) below)					
PARK AVENU	E, 20TH FLO	OR						· · · · · · · · · · · · · · · · · · ·	ve Vice Preside	ent	
	4. If Amer	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check					
Filed(Month/Day/Year)				r)			Applicable Line)	One Dementing Demen			
NEW YORK,, NY 10022 Form filed by M							Ine Reporting Person Iore than One Reporting				
INEW TORK, I	NI 10022							Person			
(City)	(State) (	Zip)	Table	e I - Non-I	Derivative	Securi	ties Acc	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of 2.7	Security (Month/Day/Year) Execution D		med 3. 4. Securities Acquired					5. Amount of	6. Ownership	7. Nature of	
-			n Date, if		on(A) or D	ispose	d of	Securities	Form: Direct		
(Instr. 3) any (Month/D			Code(D)Day/Year)(Instr. 8)(Instr. 3, 4 and 5)					Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership	
			, ,				Following	(Instr. 4)	(Instr. 4)		
						(A)		Reported Transaction(s)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common 06 Stock 06	5/30/2014			F	1,687	D	\$ 8.21	479,566	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			ate	7. Title Amoun Underly Securit (Instr. 3	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
Repo	rting O	)wners		Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title I	Amount or Number of Shares		

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Relationships **Reporting Owner Name / Address** Director 10% Owner Officer Other FREYDBERG RONALD A C/O MFA FINANCIAL, INC. **Executive Vice President** 350 PARK AVENUE, 20TH FLOOR NEW YORK,, NY 10022 Signatures /s/Ronald A. 07/01/2014 Freydberg \*\*Signature of Date

Reporting Person

**Explanation of Responses:** 

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reported disposition represents the surrender of shares to satisfy tax obligations arising from the vesting of restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.