AVISTA CORP Form 4 February 19, 2008

FORM 4

Check this box

if no longer

subject to

Section 16.

Form 4 or

obligations

Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

may continue. *See* Instruction

1(b).

401(k)

Investment Plan Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

1. Name and Address of Reporting Person *

Vermillion Dennis P			Symbol AVISTA CORP [AVA]				Issuer					
(Last)	(First)							(Check all applicable)				
(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year)					10%	Owner		
1411 E MISSION AVENUE			•	02/15/2008					X_ Officer (give title Other (specify			
			02/10/20					below)	below) Vice President			
(Street)			4. If Amend	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person						
SPOKANE, WA 99202								Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table	I - Non-De	rivative So	ecuriti	es Acq	uired, Disposed o	of, or Beneficial	ly Owned		
1.Title of	2. Transaction D			3.	4. Securi			5. Amount of	6. Ownership	7. Nature of		
Security	(Month/Day/Yea	ition Date, if					Securities	Form: Direct	Indirect			
(Instr. 3)		any (Mon	Code Disposed of (D) th/Day/Year) (Instr. 8) (Instr. 3, 4 and 5)			Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership				
		(1,1011	, 2 uj, 1 cur)	(1115111 0)	(1115111-2)	,		Following	(Instr. 4)	(Instr. 4)		
						(A)		Reported				
						or		Transaction(s) (Instr. 3 and 4)				
C				Code V	Amount	(D)	Price	(msure and 1)				
Common												
Stock - Restricted Shares	02/15/2008			A	1,300	A	<u>(1)</u>	2,009	D			
Common Stock held in												

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

by Trustee

OMB APPROVAL

3235-0287

January 31,

2005

0.5

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Number:

Expires:

response...

5. Relationship of Reporting Person(s) to

6,762

Ι

Estimated average

burden hours per

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. D S-(I	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Performance Shares	<u>(2)</u>	02/15/2008		A	5,100	(3)	(3)	Common Stock	5,100		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Vermillion Dennis P

1411 E MISSION AVENUE Vice President

SPOKANE, WA 99202

Signatures

/s/ Dennis P. 02/19/2008 Vermillion

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common stock at the end of each year in the three-year period.
- (2) No conversion price. Shares awarded if performance measure is met.
- (3) Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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