Edgar Filing: L 3 COMMUNICATIONS HOLDINGS INC - Form 4

Form 4	UNICATIONS H	OLDING	S INC								
Check this box if no longer subject to Section 16. Check this box								т	OMB APPROVAL		
								Number: Expires: Estimated burden hou response	urs per		
(Print or Type	Responses)										
CAMBRIA CHRISTOPHER C Sy L			2. Issuer Name and Ticker or Trading Symbol L 3 COMMUNICATIONS HOLDINGS INC [LLL]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Mor				of Earliest T Day/Year) 2006	ransaction		Director 10% Owner X Officer (give title Other (specify below) Sr. VP, Sec. and Gen. Counsel				
Filed(Mc			Amendment, Date Original d(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
	(State)	(7:0)					Person				
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securities A	Acquired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution D (Instr. 3) any (Month/Day)		Date, if	Date, if TransactionAcquired (A) or Code Disposed of (D) y/Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or		Beneficially (Owned (Following (Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect				
Reminder: Re	port on a separate line	e for each el	ass of sec	Code V		(D) Price	;				
renninger. Re	port on a separate mit			and the second	incluity own	inca anootiy	or manoouj.				

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date		7. Title and Amount of 8 Underlying Securities I (Instr. 3 and 4) S (
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
08/02/06 Stock Option	\$ 72.2	08/02/2006		А	20,000	(1)	08/02/2016	Common Stock	20,000

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Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
CAMBRIA CHRISTOPHER C C/O L-3 COMMUNICATIONS CORPORATION 600 THIRD AVENUE NEW YORK, NY 10016			Sr. VP, Sec. and Gen. Counsel			
Signatures						

/s/ Christopher C. 08/03/2006 Cambria Date

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This option vests annually in equal one-third increments beginning on the one-year anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.