Alliance Distributors Holding Inc. Form SC 13G/A February 18, 2005

OMB APPROVAL
OMB Number: 3235-0145
Expires: December 31, 2005
Estimated average burden
hours per response...11

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 2)

Alliance Distributors Holding Inc.
(formerly, Essential Realty Inc.)

(Name of Issuer)

Common

(Title of Class of Securities)

01858P105

(CUSIP Number)

November 22, 2004

(Data of Durant which Dominal Biling of this Chatemant)

(Date of Event which Required Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

[_] Rule 13d-1(b) |X| Rule 13d-1(c) |_| Rule 13d-1(d)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 01858P105

SCHEDULE 13G

1 NAME OF REPORTING PERSON SS. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON AGF Canadian Growth Equity Fund Limited 2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (a) |_| (b) [] 3 SEC USE ONLY CITIZENSHIP OR PLACE OF ORGANIZATION 4 Toronto, Ontario, Canada 5 SOLE VOTING POWER 35,561 NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH 6 SHARED VOTING POWER 7 SOLE DISPOSITIVE POWER 35,561 8 SHARED DISPOSITIVE POWER AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 35,561 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES 10 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 11 0.07% 12 TYPE OF REPORTING PERSON IV Item 1. (a). Name of Issuer: Alliance Distributors Holding Inc. (b). Address of Issuer's Principal Executive Offices: 15-15 132nd Street College Point, NY 11356

- - (b). Address of Principal Business Office or, if none, Residence: P.O. Box 50, Toronto Dominion Bank Tower, 31st Floor Toronto, Ontario, M5K 1E9
 - (c). Citizenship:

Canadian

- (d). Title of Class of Securities: Alliance Distributors Holding Inc. (formerly, Essential Reality Inc.) - ADTR.PK
- (e). CUSIP Number: 01858P105
- Item 3. If this statement is filed pursuant to sections 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

NOT APPLICABLE

- (a) [] Broker or dealer registered under section 15 of the Act (15 U.S.C. 780);
- (b) [] Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
- (c)[] Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c.);
- (e)[] An investment adviser in accordance with section 240.13d-1(b)(1)(ii)(E);
- (f)[] An employee benefit plan or endowment fund in accordance with section 240.13d-1(b)(1)(ii) (F);
- (g)[] A parent holding company or control person in accordance with section 240.13d-1(b)(1)(ii)(G);
- (i) [] A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
- (j)[] Group, in accordance with section 240.13d-1(b)(1) (ii)(J).

Item 4. Ownership.

- (a). Amount beneficially owned: 35,561
- (b). Percent of class: 0.07%
- (c). Number of shares as to which the person has:
 - (i) Sole power to vote or to direct the vote: 35,561
 - (ii) Shared power to vote or to direct the vote: 0
 - (iii) Sole power to dispose or to direct the disposition of: 35,561
 - (iv) Shared power to dispose or to direct the disposition of: 0
- Item 5. Ownership of Five Percent or Less of a Class: [X]

This statement is being filed to report the fact that the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities.

Item 6. Ownership of More Than Five Percent on Behalf of Another Person:

Not applicable.

Item 7. Identification and Classification of Subsidiaries which Acquired the Security Being Reported on by the Parent Holding Company:

Not applicable.

Item 8. Identification and Classification of Members of the Group:

Not applciable.

Item 9. Notice of Dissolution of Group:

Not applicable.

Item 10. Certification:

(a) The following certification shall be included if the statement is filed pursuant to 240.13d-1 (b):

"By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect."

- (b) The following certification shall be included if the statement is filed pursuant to 240.13d-1(c):
 - "By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect."

SIGNATURES

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 17, 2005
Date
/s/ Jacqueline Sanz
Signature

Jacqueline Sanz, Chief Privacy
Officer, Vice President, Compliance
and Risk Analysis

Name/Title