

INTEGRA LIFESCIENCES HOLDINGS CORP
 Form 4
 November 22, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SOROS GEORGE

2. Issuer Name and Ticker or Trading Symbol
 INTEGRA LIFESCIENCES HOLDINGS CORP [IART]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 C/O SOROS FUND
 MANAGEMENT LLC, 888
 SEVENTH AVENUE, 33RD
 FLOOR

3. Date of Earliest Transaction
 (Month/Day/Year)
 11/18/2005

____ Director
 ____ Officer (give title below)
 10% Owner
 ____ Other (specify below)

(Street)
 NEW YORK, NY 10106

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/18/2005		S	373 D	\$ 35.35 2,924,927	I	See Footnotes (1) (2) (3)
Common Stock	11/18/2005		S	1,600 D	\$ 35.36 2,923,327	I	See Footnotes (1) (2) (3)
Common Stock	11/18/2005		S	7,803 D	\$ 35.37 2,915,524	I	See Footnotes (1) (2) (3)

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Common Stock	11/18/2005	S	200	D	\$ 35.38	2,915,324	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	24	D	\$ 35.39	2,915,300	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	100	D	\$ 35.4	2,915,200	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	100	D	\$ 35.41	2,915,100	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	3,012	D	\$ 35.42	2,912,088	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,148	D	\$ 35.43	2,910,940	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	200	D	\$ 35.44	2,910,740	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	2,500	D	\$ 35.45	2,908,240	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	2,100	D	\$ 35.46	2,906,140	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	2,200	D	\$ 35.47	2,903,940	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,828	D	\$ 35.48	2,902,112	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	6,900	D	\$ 35.49	2,895,212	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	12,900	D	\$ 35.5	2,882,312	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	3,700	D	\$ 35.51	2,878,612	I	See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,400	D	\$ 35.52	2,877,212	I	See Footnotes

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									<u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,200	D	\$ 35.53	2,876,012	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,600	D	\$ 35.54	2,874,412	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	2,312	D	\$ 35.55	2,872,100	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	5,300	D	\$ 35.56	2,866,800	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,800	D	\$ 35.57	2,865,000	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,700	D	\$ 35.58	2,863,300	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	10,288	D	\$ 35.6	2,853,012	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	7,792	D	\$ 35.61	2,845,220	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	7,220	D	\$ 35.62	2,838,000	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,400	D	\$ 35.63	2,836,600	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	1,380	D	\$ 35.64	2,835,220	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>
Common Stock	11/18/2005	S	4,720	D	\$ 35.65	2,830,500 ⁽⁴⁾	I		See Footnotes <u>(1)</u> <u>(2)</u> <u>(3)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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- (4) Of the 2,830,500 shares of Common Stock reported herein, (i) 2,239,189 shares of Common Stock are held for the account of QIP and (ii) 591,311 shares of Common Stock are held for the account of SFM Domestic Investments.

Remarks:

This Form 4 is one of three Forms 4 being filed on this date. The filing of this statement shall not be deemed an admission that

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