DIANA SHIPPING INC. Form 6-K February 19, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13A-16 OR 15D-16 OF THE SECURITIES EXCHANGE ACT OF 1934

For the month of February 2009

Commission File Number: 001-32458

DIANA SHIPPING INC. (Translation of registrant's name into English)

Pendelis 16, 175 64 Palaio Faliro, Athens, Greece (Address of principal executive office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F [X] Form 40-F []

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1): [].

Note: Regulation S-T Rule 101(b)(1) only permits the submission in paper of a Form 6-K if submitted solely to provide an attached annual report to security holders.

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): [].

Note: Regulation S-T Rule 101(b)(7) only permits the submission in paper of a Form 6-K if submitted to furnish a report or other document that the registrant foreign private issuer must furnish and make public under the laws of the jurisdiction in which the registrant is incorporated, domiciled or legally organized (the registrant's "home country"), or under the rules of the home country exchange on which the registrant's securities are traded, as long as the report or other document is not a press release, is not required to be and has not been distributed to the registrant's security holders, and, if discussing a material event, has already been the subject of a Form 6-K submission or other Commission filing on EDGAR.

INFORMATION CONTAINED IN THIS FORM 6-K REPORT

Attached to this Report on Form 6-K as Exhibit 1 is a press release dated February 19, 2009 of Diana Shipping Inc. (the "Company") announcing its financial results for the fourth quarter and year ended December 31, 2008.

This report, except for the section entitled "Chairman and Chief Executive Officer's Comments", is incorporated by reference into the Company's F-3 Registration Statement (File no. 333-143635) that was filed with the Securities and Exchange Commission (the "Commission") with an effective date of June 15, 2007, and the Company's F-3 Registration Statement (File no. 333-150406) that was filed with the Commission with an effective date of April 24, 2008.

Exhibit 1

Corporate Contact: Ioannis Zafirakis Director, Executive Vice-President and Secretary Telephone: + 30-210-9470100 Email: izafirakis@dianashippinginc.com

For Immediate Release

Investor and Media Relations: Edward Nebb Comm-Counsellors, LLC Telephone: + 1-203-972-8350 Email: enebb@optonline.net

DIANA SHIPPING INC. REPORTS FINANCIAL RESULTS FOR THE FOURTH QUARTER AND YEAR ENDED DECEMBER 31, 2008

ATHENS, GREECE, February 19, 2009 – Diana Shipping Inc. (NYSE: DSX), a global shipping company specializing in the transportation of dry bulk cargoes, today reported net income of \$54.2 million for the fourth quarter of 2008. This compared to net income of \$36.4 million reported in the fourth quarter of 2007.

Voyage and time charter revenues were \$84.3 million for the fourth quarter of 2008, compared to \$58.9 million for the same period of 2007, due to an increase in prevailing time charter rates and the increase in operating days due to the enlargement of the Company's fleet.

Net income for the year ended December 31, 2008 amounted to \$221.7 million, compared to net income of \$134.2 million for the same period of 2007. Voyage and time charter revenues were \$337.4 million for 2008, compared to \$190.5 million for the same period of 2007.

Chairman and Chief Executive Officer's Comments

"In a challenging economic environment, Diana Shipping achieved solid growth in revenues and earnings for the fourth quarter and full year 2008. While business conditions remain unsettled, we are well-positioned to operate our business successfully and to seize upon opportunities that may emerge in the coming year. We have cultivated and expanded our relationships with some of the strongest charterers in the industry. Our balance sheet is healthy and not over-leveraged. And our young, efficient fleet provides a significant competitive advantage. We believe the current dislocations in the dry bulk marketplace will offer many opportunities for companies with good revenue visibility, strong capital and liquidity, and management teams with a disciplined approach to managing risk and creating value. We fully intend to take advantage of those opportunities for the long-term benefit of our shareholders," said Simeon Palios, Chairman and Chief Executive Officer of Diana Shipping.

Fleet Employment Profile (As of February 18, 2009) Currently Diana's fleet is employed as follows:

	Sister ships	Year			En	ployment			
Name	1	Built	DWT	Charterer		2	Charter Expiration 3		
		2001	75.011	Cosco Bulk Carrier	¢	60 500	Feb 3, 2010 – Apr 3,		
Nirefs	А	2001	75,311	Co. Ltd.	\$	60,500	2010		
. 1		2001	75.047	Cargill International	¢	24 500	Nov 21, 2012 – Feb		
Alcyon	А	2001	75,247	S.A., Geneva	\$	34,500	21, 2013		
				Cargill International			Oct. 17, 2009 – Jan		
Triton	А	2001	75,336	S.A., Geneva	\$	24,400	17, 2010 4		
- ·		••••		Hanjin Shipping Co.	_	40.000	Jul 29, 2009 – Oct 29,		
Oceanis	Α	2001	75,211	Ltd., Seoul	\$	40,000	2009		
				Louis Dreyfus					
				Commodities S.A.,			Jun 1, 2010 – Sep 1,		
Dione	А	2001	75,172	Geneva	\$	12,000	2010		
				Hanjin Shipping Co.			Apr 10, 2009 10 –		
Danae	А	2001	75,106	Ltd., Seoul	\$	29,400	May 18, 2009		
				Hanjin Shipping Co.			Aug 18, 2011 – Nov		
Protefs	В	2004	73,630	Ltd., Seoul	\$	59,000	18, 2011		
				Cargill International			Dec 24, 2009 – Mar		
Calipso	В	2005	73,691	S.A., Geneva	\$	9,400	24, 2010		
							Feb 26, 2009		
				Cargill International		6,000	Dec 26, 2009 – Mar		
Clio	В	2005	73,691	S.A., Geneva	\$	11,000	26, 2010		
				Cargill International			Dec 12, 2009 – Mar		
Thetis	В	2004	73,583	S.A., Geneva	\$	10,500	12, 2010		
				Constellation Energy					
				Commodities Group,			Aug 24, 2009 – Oct		
Naias	В	2006	73,546	Baltimore	\$	34,000	24, 2009		
				Cargill International			Nov 27, 2009 – Feb		
Erato	С	2004	74,444	S.A., Geneva	\$	15,000	27, 2010		
				Bottiglieri Di			Mar 15, 2009 10 –		
Coronis	С	2006	74,381	Navigazione S.p.A.	\$	27,500	Apr 9, 2009		
				0 1			Nov 30, 2009		
				BHP Billiton		39,000	Oct 15, 2010 – Jan 15,		
Sideris GS	D	2006	174,186	Marketing AG	\$	-	2011 5		
				C		,	May 1, 2009		
				Cargill International		52,000	Mar 1, 2011 – Jun 1,		
Aliki	-	2005	180,235	S.A., Geneva	\$	45,000	2011 5		
			,	, , , , , , , , , , , , , , , , , , ,		-)	Jun 15, 2009		
				BHP Billiton		51,000	Apr 30, 2011 – Jul 30,		
Semirio	D	2007	174,261	Marketing AG	\$	\$31,000	2011 5		
	2			BHP Billiton	7	+,000	Sep 28, 2011 – Dec		
Boston	D	2007	177,828	Marketing AG	\$	52,000	28, 2011 6		
Salt Lake		,	11,020	Refined Success	4	,	Aug 28, 2012 – Oct		
City	-	2005	171,810	Limited	\$	55,800	28, 2012		
City		2005	1/1,010	Linnou	Ψ	55,000	20, 2012		

							Jan 12, 2013 – Mar
Norfolk	- 20	002	164,218	Corus UK Limited	\$	74,750	12, 2013
New York 7,				Nippon Yusen Kaish	na,		Feb 28, 2015 – Jun
8	D 20	010	177,000	Tokyo (NYK)	\$	48,0009	30, 20159
Los Angeles							
7	D 20	010	177,000	-		-	-
	To	otal:	2,364,887				

- 1 Each vessel is a sister ship of the other vessels that have the same letter.
- 2 Gross time charter rate per day.
- 3 Charterers' optional period to redeliver the vessel to us. Charterers have the right to add the off-hire days, if any, and therefore the optional period may be extended.
- 4 The charterer has the option to employ the vessel for a further 11-13 month period at a daily rate based on the average rate of four pre-determined time charter routes as published by the Baltic Exchange. The optional period, if exercised, must be declared on or before the end of the 30th month of employment and can only commence at the end of the 36th month.
- 5 The charterer has the option to employ the vessel for a further 11-13 month period. The optional period, if exercised, must be declared on or before the end of the 42nd month of employment and can only commence at the end of the 48th month, at the daily time charter rate of \$48,500.
- 6 The charterer has the option to employ the vessel for a further 11-13 month period. The optional period, if exercised, must be declared on or before the end of the 42nd month of employment and can only commence at the end of the 48th month, at the daily time charter rate of \$52,000.
- 7 Expected to be delivered to owners in the second quarter of 2010.
- 8 The gross rate will vary as follows: US\$50,000 per day for delivery between October 1, 2009 and January 31, 2010 or US\$48,000 per day for delivery between February 1, 2010 and April 30, 2010.
- 9 The time charter rate of \$48,000 per day is based on the latest possible date of delivery to the charterer (see also Note 8).
- 10 Based on latest information received by charterers.

Summary of Selected Financial & Other Data

		Three Mor Decem			Year Ende December 3			
	2008 2007			2008		2007		
	(ur	naudited)	(unaudited)		(unaudited)		(u	naudited)
INCOME STATEMENT DATA (in thousands of US Do	ollars):						
Voyage and time charter revenues	\$	84,339	\$	58,889	\$	337,391	\$	190,480
Voyage expenses		4,835		2,669		15,003		8,697
Vessel operating expenses		9,919		8,506		39,899		29,332
Net income		54,160		36,373		221,699		134,220
FLEET DATA								
Average number of vessels		19.0		16.8		18.9		15.9
Number of vessels		19.0		18.0		19.0		18.0
Weighted average age of fleet (in years)		4.3		3.4		4.3		3.4
Ownership days		1,748		1,542		6,913		5,813
Available days		1,735		1,542		6,892		5,813
Operating days		1,711		1,531		6,862		5,771
Fleet utilization		98.6%		99.3%		99.6%		99.3%
AVERAGE DAILY RESULTS								
Time charter equivalent (TCE) rate (1)	\$	45,824	\$	36,459	\$	46,777	\$	31,272
Daily vessel operating expenses (2)	\$	5,675	\$	5,516	\$	5,772	\$	5,046

(1) Time charter equivalent rates, or TCE rates, are defined as our voyage and time charter revenues less voyage expenses during a period divided by the number of our available days during the period, which is consistent with industry standards. Voyage expenses include port charges, bunker (fuel) expenses, canal charges and commissions. TCE is a non-GAAP measure. TCE rate is a standard shipping industry performance measure used primarily to compare daily earnings generated by vessels on time charters with daily earnings generated by vessels on voyage charters are generally not expressed in per day amounts while charter hire rates for vessels on time charters are generally expressed in such amounts.

(2) Daily vessel operating expenses, which include crew wages and related costs, the cost of insurance, expenses relating to repairs and maintenance, the costs of spares and consumable stores, tonnage taxes and other miscellaneous expenses, are calculated by dividing vessel operating expenses by ownership days for the relevant period.

Conference Call and Webcast Information

Diana Shipping Inc. will conduct a conference call and simultaneous Internet webcast to review these results at 9:00 A.M. (Eastern Standard Time) on Thursday, February 19, 2009.

Investors may access the webcast by visiting the Company's website at www.dianashippinginc.com, and clicking on the webcast link. The webcast also is accessible at www.viavid.net, by clicking on the Diana Shipping link under "Events". The conference call also may be accessed by telephone by dialing 1-800-762-8795 (for U.S.-based callers) or

1-480-248-5081 (for international callers).

A replay of the webcast will be available soon after the completion of the call and will be accessible on both www.dianashippinginc.com and www.viavid.net. A telephone replay will be available by dialing 1-800-406-7325 (for U.S.-based callers) or 1-303-590-3030 (for international callers); callers must use the PIN number 3970157.

About the Company

Diana Shipping Inc. is a global provider of shipping transportation services. The Company specializes in transporting dry bulk cargoes, including such commodities as iron ore, coal, grain and other materials along worldwide shipping routes.

Cautionary Statement Regarding Forward-Looking Statements

Matters discussed in this press release may constitute forward-looking statements. The Private Securities Litigation Reform Act of 1995 provides safe harbor protections for forward-looking statements in order to encourage companies to provide prospective information about their business. Forward-looking statements include statements concerning plans, objectives, goals, strategies, future events or performance, and underlying assumptions and other statements, which are other than statements of historical facts.

The Company desires to take advantage of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and is including this cautionary statement in connection with this safe harbor legislation. The words "believe," "anticipate," "intends," "estimate," "forecast," "project," "plan," "potential," "may," "should," "expect," "pending" and similar expressions identify forward-looking statements.

The forward-looking statements in this press release are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, our management's examination of historical operating trends, data contained in our records and other data available from third parties. Although we believe that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond our control, we cannot assure you that we will achieve or accomplish these expectations, beliefs or projections.

In addition to these important factors, other important factors that, in our view, could cause actual results to differ materially from those discussed in the forward-looking statements include the strength of world economies and currencies, general market conditions, including fluctuations in charter rates and vessel values, changes in demand for dry bulk shipping capacity, changes in our operating expenses, including bunker prices, drydocking and insurance costs, the market for our vessels, availability of financing and refinancing, changes in governmental rules and regulations or actions taken by regulatory authorities, potential liability from pending or future litigation, general domestic and international political conditions, potential disruption of shipping routes due to accidents or political events, vessels breakdowns and instances of off-hires and other factors. Please see our filings with the Securities and Exchange Commission for a more complete discussion of these and other risks and uncertainties.

(See financial tables attached)

DIANA SHIPPING INC. FINANCIAL TABLES Expressed in thousands of U.S. Dollars, except share and per share data

CONSOLIDATED STATEMENTS OF INCOME

	Three Months Ended December 31,					Year I Decem		
	2008 2007				2008		2007	
	(un	audited)	(u	naudited)	(u	naudited)		
REVENUES:								
Voyage and time charter revenues	\$	84,339	\$	58,889	\$	337,391	\$	190,480
EVENDED								
EXPENSES:		4 925		2660		15 002		9 607
Voyage expenses		4,835		2,669		15,003		8,697
Vessel operating expenses		9,919		8,506		39,899		29,332
Depreciation and amortization of deferred charges		11,016		7,595		43,259		24,443
General and administrative expenses Gain on vessel sale		3,106		5,082		13,831		11,718
		-		-		-		(21,504)
Foreign currency losses (gains)		(84)		14		(438)		(144)
Operating income		55,547		35,023		225,837		137,938
OTHER INCOME (EXPENSES):								
Interest and finance costs		(1,451)		(627)		(5,851)		(6,394)
Interest Income		64		1,977		768		2,676
		04		1,977		945		
Insurance settlement for vessel un-repaired damages		-		-		945		-
Total other income (expenses), net		(1,387)		1,350		(4,138)		(3718)
Total other meone (expenses), net		(1,307)		1,550		(4,150)		(3710)
Net Income	\$	54,160	\$	36,373	\$	221,699	\$	134,220
Earnings/(losses) per common share, basic and diluted	\$	0.72	\$	0.49	\$	2.97	\$	2.11
Weighted average number of common shares, basic	74	,377,731	7	4,375,000	7	4,375,686	6	53,748,973
Weighted average number of common shares, diluted	74	,377,731	7	4,375,000	7	4,558,254	6	53,748,973

BALANCE SHEET DATA

	December 31,			
ASSETS	2008 (unaudited)	2007		
A35L15	(unaudited)			
Cash and cash equivalents	62,033	16,726		
Other current assets	6,521	4,788		
Advances for vessels under construction and acquisitions and other vessel costs	27,199	53,104		
Vessels' net book value	960,431	867,632		
Other fixed assets, net	136	956		
Other non-current assets	886	1,136		
Total assets	1,057,206	944,342		
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities	20,012	20,964		
Long-term debt	238,094	98,819		
Deferred revenue, non-current portion	22,502	23,965		
Other non-current liabilities	1,122	1,120		
Total stockholders' equity	775,476	799,474		
Total liabilities and stockholders' equity	1,057,206	944,342		

OTHER FINANCIAL DATA

	Three Months Ended					Year	Ended	nded		
	December 31,					December 31,				
		2008		2007		2008		2007		
	(un	audited)	(u	naudited)	(un	audited)				
Net cash from operating activities	\$	63,024	\$	50,562	\$	261,151	\$	148,959		
Net cash used in investing activities		(273)		(256,120)		(108,662)		(409,085)		
Net cash from / (used in) financing										
activities		(5,479)	31,862		(107,182)		262,341			
				,		· · · /		,		

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

DIANA SHIPPING INC.

(registrant)

Dated: February 19, 2009

By:

/s/ Anastassis Margaronis Anastassis Margaronis President

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