

NATIONAL HEALTH INVESTORS INC  
Form 8-K  
February 22, 2010

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

CURRENT REPORT PURSUANT  
TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): February 22, 2010 (February 22, 2010)

**National Health Investors, Inc.**

(Exact name of Registrant as specified in its charter)

Maryland

(State or Other Jurisdiction of Incorporation)

001-10822

(Commission File No.)

62-1470956

(IRS Employer  
Identification Number)

222 Robert Rose Drive

Murfreesboro, TN 37129

(Address of principal executive offices, including zip code)

(615) 890-9100

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

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Item 7.01 Regulation FD Disclosure

The Company is furnishing its Supplemental Information for the fourth quarter and year ended December 31, 2009, which is also contained on its website ([www.nhinvestors.com](http://www.nhinvestors.com)). See Exhibit 99 to this Current Report on Form 8-K.

Item 9.01. Financial Statements and Exhibits.

Exhibit Index

<b>Number</b>	<b>Exhibit</b>
99	Supplemental Information for the three months ended December 31, 2009, dated February 20, 2010

SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

National Health Investors, Inc.

By: /s/Roger R. Hopkins

Name: Roger R. Hopkins

Title: Chief Accounting Officer

Date: February 22, 2010