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Form 4) INDUSTRIES II	NC								
May 18, 2005 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Multed States Securities AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Sind3235-028°Number:January 31Expires:2009Estimated averageburden hours perresponse0.5		
(Print or Type	Responses)									
	Address of Reporting AN MICHAEL	Person <u>*</u>	Symbol	r Name and ARD IND]			I	. Relationship of l ssuer (Check	Reporting Pers	
	ARD INDUSTR	Middle) IES	3. Date o (Month/I 05/16/2	•	ansaction		_	_X Director _X Officer (give elow) Presi		Owner er (specify
	(Street)	1552		endment, Da nth/Day/Year	-		A 	. Individual or Joi applicable Line) X_ Form filed by O Form filed by Me erson	ne Reporting Pe	rson
(City)	(State)	(Zip)	Tah	le I - Non-F)erivative (Securi		red, Disposed of,	or Beneficial	lv Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution	ned	3. Transactic Code (Instr. 8)	4. Securit por Dispos (Instr. 3, 4	ies Ac ed of (4 and 5 (A) or	quired (A) D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Forward Industries Common Stock	05/16/2005			Code V M		(D) A	Price \$ 2	322,427	D	
Forward Industries Common Stock	05/16/2005			S	20,000	D	\$ 17.375 (1)	302,427	D	
Forward Industries	05/17/2005			М	25,000	А	\$ 2	327,427	D	

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Common Stock						
Forward Industries Common Stock	05/17/2005	S	25,000 D	\$ 18.5 (2)	302,427	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactiorDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock Option	\$ 2	05/16/2005		М	20,000	01/01/2005	12/31/2005	Forward Industries Common Stock	20,000
Common Stock Option	\$ 2	05/17/2005		М	25,000	01/01/2001	12/31/2005	Forward Industries Common Stock	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SCHIFFMAN MICHAEL C/O FORWARD INDUSTRIES INC 275 HEMPSTEAD TURNPIKE WEST HEMPSTEAD, NY 11552	х		President & COO				

Signatures

Michael M. Schiffman

05/18/2005

**Signature of	
Reporting Person	

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 5000 shares at \$17.00 5000 shares at \$17.25 5000 shares at \$17.50 5000 shares at \$17.75 Average = \$17.375

(2) 5000 shares at \$18.00 5000 shares at \$18.25 5000 shares at \$18.50 5000 shares at \$18.75 5000 shares at \$19.00 Average = \$18.50

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.