## Edgar Filing: GARRELS JOHN C III - Form 4

GARRELS JOHN C III Form 4 July 01, 2010						
	STATES SECU Wa	COMMISSION	OMB	Number:3235-0287Expires:January 31, 2005Estimated average burden hours per response0.5		
Subject to Section 16. Form 4 or Form 5 Filed pur	TENT OF CHAN resuant to Section (a) of the Public U	ashington, D.C. 20549 NGES IN BENEFICIAL OV SECURITIES 16(a) of the Securities Exchar Jtility Holding Company Act investment Company Act of 1	Expires: Estimated burden hou response			
(Print or Type Responses)						
1. Name and Address of Reporting GARRELS JOHN C III	Symbol	er Name <b>and</b> Ticker or Trading	<ul><li>5. Relationship of Reporting Person(s) to Issuer</li><li>[Check all applicable]</li></ul>			
(Last) (First) (1) 57 RIVER STREET, SUITE	(Month/	of Earliest Transaction Day/Year) 2010	Officer (give title Other (specify below) below)			
(Street) WELLESLEY HILLS, MA (	Filed(Me	nendment, Date Original onth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City) (State)	(7:	ble I - Non-Derivative Securities A	Person cquired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report on a separate line	e for each class of sec	information cont required to respo	or indirectly. pond to the collec ained in this form ond unless the for htly valid OMB col	are not m	SEC 1474 (9-02)	

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transactionof		Expiration Date	Underlying Securitie
(Instr. 3)	or Exercise		any	Code	Derivative	(Month/Day/Year)	(Instr. 3 and 4)
	Price of		(Month/Day/Year)	(Instr. 8)	Securities		

Derivative Security						Acqu (A) o Disp of (E (Instr and 5	or osed )) r. 3, 4,				
				Co	ode V	/ (A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Share
Non-Employee Stock Option \$ (Right to Buy)	3.7 07/	01/2010		1	4	500 (1)	)	01/01/2011	06/30/2020	Common Stock	500
Reporting O	wners										
Reporting Owner Nar	ne / Address	Director	<b>Relationsl</b>	nips Officer	Othe						
GARRELS JOHN C I 57 RIVER STREET SUITE 302 WELLESLEY HILLS		X	10% Owner	Oncer	Oute	.1					
Signatures											
Henry W Winkleman Garrels III	Attorney-in	-Fact for Jo	ohn C		07/	/01/20	10				
<u>**</u> Signa	ature of Reporting	Person				Date					
Explanation	of Res	ponse	S:								

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options are granted pursuant to the American Biltrite Inc. Amended and Restated 1999 Stock Option Plan for Non-Employee Directors. The stock options become exercisable six months after the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.