

LORNE SIMON M
Form 4
December 10, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LORNE SIMON M

2. Issuer Name and Ticker or Trading Symbol
TELEDYNE TECHNOLOGIES INC
[TDY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
1049 CAMINO DOS RIOS

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
12/07/2012

Director 10% Owner
 Officer (give title below) Other (specify below)

THOUSAND OAKS, CA 91360

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)		
				Code	V	Amount				(A) or (D)	Price
Common Stock	12/07/2012		M			186	A	\$ 12.9	3,186	D	
Common Stock	12/07/2012		M			1,598	A	\$ 12.9	4,784	D	
Common Stock	12/07/2012		M			2,000	A	\$ 19.35	6,784	D	
Common Stock	12/07/2012		M			151	A	\$ 15.95	6,935	D	
Common Stock	12/07/2012		M			300	A	\$ 15.99	7,235	D	

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Common Stock 12/07/2012 M 342 A \$ 19.86 7,577 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Non-Employee Director Stock Option (right-to-buy)	\$ 12.9	12/07/2012		M	186	07/27/2005 07/27/2014	Common Stock 1,860
Non-Employee Director Stock Option (right-to-buy)	\$ 12.9	12/07/2012		M	1,598	07/27/2005 07/27/2014	Common Stock 1,598
Non-Employee Director Stock Option (right--to-buy)	\$ 19.35	12/07/2012		M	2,000	07/27/2005 07/27/2014	Common Stock 2,000
Non-Employee Director Stock Option (right--to-buy)	\$ 15.85	12/07/2012		M	151	09/13/2005 09/13/2014	Common Stock 1,510
Non-Employee Director Stock Option (right--to-buy)	\$ 15.99	12/07/2012		M	300	10/27/2005 10/27/2014	Common Stock 3,000
Non-Employee Director Stock Option	\$ 19.86	12/07/2012		M	342	12/15/2005 12/15/2014	Common Stock 3,420

(right--to-buy)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LORNE SIMON M 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360		X		

Signatures

Simon M. Lorne by Melanie S. Cibik pursuant to Power of Attorney previously filed with SEC.

12/10/2012

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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