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TRADS CAR Form 4 October 28, 2										
	Л							OMB AF	PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287		
if no longe									January 31, 2005	
subject to Section 16 Form 4 or		F CHANGES IN BENEFICIAL OWNERSHIP (SECURITIES						Estimated average burden hours per response 0.5		
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 5 obligations May continue. See Instruction See Instruction I(b). Form 5 obligations May continue. See Instruction I(b). Form 5 obligations May continue. See Instruction I(b). Form 5 Other Content (Content (
(Print or Type Re	esponses)									
TRADS CARSTEN Syn			2. Issuer Name and Ticker or Trading Symbol PLANTRONICS INC /CA/ [PLT]				ssuer	Relationship of Reporting Person(s) to uer		
(Last)	(First) (Middle	(Middle) 3. Date of Earliest Transaction (Check					k all applicable)			
345 ENCINA	-	(give title 10% Owner give title Other (specify below) SIDENT, DIVISION			
	(Street)	4. If Amend	lment, Date	e Original		6	. Individual or Joi			
SANTA CRI	JZ, CA 95060	Filed(Month	/Day/Year)				Applicable Line) X_ Form filed by Of Form filed by Mo			
(City)	(State) (Zip)			• • • •	•		Person			
			1 - Non-De 3.			-	red, Disposed of,		•	
1.Title of Security (Instr. 3)	(Month/Day/Year) Ex an	Transaction Date 2A. Deemed fonth/Day/Year) Execution Date, if any (Month/Day/Year)			sposed 4 and 5	quired l of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A) or	D.	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
COMMON STOCK	10/27/2004		Code V M	Amount 10,833	(D) A	Price \$ 25.84	14,833	D		
COMMON STOCK	10/27/2004		S	10,833	D	\$ 44	4,000	D		
COMMON STOCK	10/27/2004		М	5,367	А	\$ 25.84	9,367	D		
COMMON STOCK	10/27/2004		S	5,367	D	\$ 44	4,000	D		
ESPP - COMMON STOCK							304.1544	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ar Underlying Se (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option (right to buy)	\$ 25.84	10/27/2004		М	10,833	09/22/2004 <u>(1)</u>	09/22/2013	COMMON STOCK
Non-Qualified Stock Option (right to buy)	\$ 25.84	10/27/2004		М	5,367	09/22/2004 <u>(1)</u>	09/22/2013	COMMON STOCK

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
TRADS CARSTEN 345 ENCINAL STREET SANTA CRUZ, CA 95060			PRESIDENT, DIVISION			
<u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u><u></u></u>						

Signatures

CARSTEN TRADS 10/28/2004 **Signature of

Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Option was granted by the Issuer pursuant to a Rule 16-b plan and becomes exercisable as follows: 20% of the shares subject to the (1) option vest 12 months from date of grant; and 1/60th of the shares subject to option vest each month thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.