### Edgar Filing: COWAN KENDALL W - Form 4

COWAN KE	ENDALL W										
Form 4											
January 05, 2											
FORM 4 UNITED STATES SECURITIES AND EXC						7 <b>H</b> A1	NCF C	OMMISSION	OMB APPROVAL		
	ashington, D.C. 20549				011111551011	OMB Number:	3235-0287				
Check thi if no long subject to Section 1 Form 4 o	6. <b>STATEN</b>	)X				GES IN BENEFICIAL OWNERSHIP OF SECURITIES					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 19 Section 17(a) of the Public Utility Holding Company Act of 1935 or S 30(h) of the Investment Company Act of 1940						1935 or Section	1				
(Print or Type F	Responses)										
COWAN KENDALL W Symbol ALAM						5. Relationship of Reporting Person(s) to Issuer					
			ALAM	AMOSA HOLDINGS INC CS]				(Check all applicable)			
(Month			(Month/E	Date of Earliest Transaction onth/Day/Year) /03/2006				Director 10% Owner X Officer (give title Other (specify below) Chief Financial Officer			
								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
LUBBOCK	, TX 79424							Form filed by M Person			
(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative	Securi	ties Acqu	uired, Disposed of,	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executior any	n Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit or(A) or Di (Instr. 3, 4) Amount	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	01/03/2006			А	50,000 (1)	А	\$ 18.61	263,415	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

# Reporting Owners

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans
				of $(D)$ (Instr. 3,						(Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships							
	Director	10% Owner	Officer	Other				
COWAN KENDALL W 5225 S LOOP 289 LUBBOCK, TX 79424			Chief Financial Officer					
Signatures								
Melinda Wheatley Attorney in Fact		01/04/2006						
**Signature of Reporting Person		Date						

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Vesting dates upon which restrictions lapse: 65% earned shares on March 1, 2007; 35% earned shares on September 1, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.