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Deisley Davi Form 4	d										
December 07	, 2018										
FORM			~~~				PPROVAL				
Washington, D.C. 20549								OMB Number:	3235-0287		
Check thi if no long subject to Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru	Section 1	SECUR 6(a) of th tility Hole	TIES e Securiti ling Com	ies Ex ipany	NERSHIP OF e Act of 1934, f 1935 or Section 40	Expires: January 31 2005 Estimated average burden hours per response 0.5					
1(b).											
(Print or Type R	lesponses)										
1. Name and Address of Reporting Person <u>*</u> Deisley David			2. Issuer Name and Ticker or Trading Symbol NOVAGOLD RESOURCES INC [NG]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) C/O NOVA INC., 201 S SUITE 400	3. Date of Earliest Transaction (Month/Day/Year) 12/06/2018					Director 10% Owner Officer (give title Other (specify below) Exec. VP & General Counsel					
				ndment, Date Original th/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SALT LAKI	E CITY, UT 8	4111						Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-E	erivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye		3. Transactic Code (Instr. 8)		sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)			
				Code V	Amount	(D)	Price \$	(Instr. 5 and 4)			
Common Shares	12/06/2018			М	16,144	А	2.16 (1)	787,456	D		
Common Shares	12/06/2018			F	9,144	D	\$ 3.82 (2)	778,312	D		
Common Shares	12/06/2018			S	7,000	D	\$ 3.82 (2)	771,312	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise any ice of (Mor privative		Code	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Stock Option (Right to Buy)	\$ 2.16 <u>(1)</u>	12/06/2018		М	16,144	(3)	01/06/2019	Common Shares	16,144		
Reporting Owners											
Reporting Owner Name / Address				Relations	nips	ps					
		Director	10% Owner	Officer	Other						
Deisley David C/O NOVAGOLD RESOURCES INC. 201 SOUTH MAIN STREET, SUITE 400 SALT LAKE CITY, UT 84111				Exec. VP & General Counsel							

Signatures

/s/ Tricia Pannier as attorney-in-fact for David Deisley <u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The exercise price reported above was converted from the Canadian exercise price of C\$2.90 using an exchange rate of CAD \$1.3404=USD \$1.00.
- (2) The price reported in Column 4 was converted from the Canadian price of C\$5.12 to USD using an exchange rate of CAD \$1.3404=USD\$1.00.
- (3) The options vested as follows: 1/3 on 1/7/2014; 1/3 on 1/7/2015; and 1/3 on 1/7/2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners

8 E S

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