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Pepper Davi Form 4											
March 08, 2	018										
FORM	14 INTE		GEOU		ND EV(OMMESION		PROVAL	
	UNITE	DSIAIES		shington,			NGE U	OMMISSION	OMB Number:	3235-0287	
Subject to Section 16. Form 4 or			F CHANGES IN BENEFICIAL OWN SECURITIES						Estimated aver burden hours p response		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> Pepper David A			2. Issuer Name and Ticker or Trading Symbol CHOICE HOTELS INTERNATIONAL INC /DE [CHH]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/07/2018					Director 10% Owner Officer (give title Other (specify below) Chief Development Officer			
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-E	Derivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executio any	Execution Date, if		(A)			Securities Beneficially Cowned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common				Code V	Amount	or (D)	Price \$	(Instr. 3 and 4)			
Stock	03/07/2018			М	11,310	А	27.03	87,601.12	D		
Common Stock	03/07/2018			S	11,310	D	\$ 81.19	76,291.12	D		
Common Stock	03/07/2018			М	2,683	А	\$ 27.03	78,974.12	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactiorDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option	\$ 27.03	03/07/2018		М	11,310	<u>(1)</u>	02/19/2019	Common Stock	11,310	
Employee Stock	\$ 27.03	03/07/2018		М	2,683	(1)	02/19/2019	Common Stock	2,683	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Pepper David A 1 CHOICE HOTELS CIRCLE ROCKVILLE, MD 20850			Chief Development Officer				
Signatures							

Signatures

Bret L. Limage, Attorney	03/08/2018		
In Fact	05/06/2018		
**Signature of Reporting Person	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options vested in four equal annual installments beginning on the first anniversary of the February 19, 2012 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.