Edgar Filing: FORRESTER RESEARCH, INC. - Form 4

FORRESTE Form 4 August 07, 2	R RESEARCH	, INC.									
FORM									OMB AF	PROVAL	
	I 4 UNITEI	D STATES		RITIES A shington,			NGE C	OMMISSION	OMB Number:	3235-0287	
Check th if no long		box								January 31,	
subject to Section 1 Form 4 o	5. SECURITIES								Expires: 200 Estimated average burden hours per response 0.		
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section 1'	7(a) of the	Public U		ling Com	pany	Act of	e Act of 1934, 1935 or Sectior 0	1		
(Print or Type I	Responses)										
			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer			
	FORRESTER RES [FORR]				ESEARC	H, IN	IC.	ck all applicable)			
			(Month/E	3. Date of Earliest Transaction (Month/Day/Year)				Director 10% Owner Officer (give title Other (specify below) below)			
	ESTER RESEA CORN PARK I	,	08/05/2	013				· · · · · · · · · · · · · · · · · · ·	ident, EMEA		
				Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
CAMBRID	GE, MA 02140		Filed(Mo	nth/Day/Year)			Applicable Line) _X_Form filed by O Form filed by M Person			
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative S	Securi	ties Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)		action Date 2A. Deemed Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
~				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	08/05/2013			М	7,500	А	\$ 27.35	8,660	D		
Common Stock	08/05/2013			М	15,000	А	\$ 26.93	23,660	D		
Common Stock	08/05/2013			М	2,500	А	\$ 27.11	26,160	D		
Common Stock	08/05/2013			S	25,000	D	\$ 35.25 <u>(1)</u>	1,160	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of S
Non-Qualified Stock Option (Right to Buy)	\$ 27.35	08/05/2013		М	7,500	05/15/2010	09/06/2016	common stock	7,
Non-Qualified Stock Option (Right to Buy)	\$ 26.93	08/05/2013		М	15,000	04/02/2010	04/01/2017	common stock	15,
Non-Qualified Stock Option (Right to Buy)	\$ 27.11	08/05/2013		М	2,500	04/01/2012	03/31/2018	common stock	2,

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
van Lingen Dennis C/O FORRESTER RESEARCH, INC. 60 ACORN PARK DRIVE CAMBRIDGE, MA 02140			President, EMEA				
Signatures							
Maite Garcia, attorney-in-fact for Denn Lingen	is van	08	/07/2013				
**Signature of Reporting Person			Date				

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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This transaction was executed in multiple trades at prices ranging from \$35.00 to \$35.50. The price reported above reflects the weighted

(1) average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.