TIFFIN DONALD E

Form 4

Common

Stock, \$.01

11/24/2008

November 25, 2008

OMB APPROVAL UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB** 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading TIFFIN DONALD E Issuer Symbol PARALLEL PETROLEUM CORP (Check all applicable) [PLLL] 3. Date of Earliest Transaction (Last) (First) (Middle) Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) below) 1004 N. BIG SPRING, SUITE 400 11/24/2008 Chief Operating Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting MIDLAND, TX 79701 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Form: Direct Indirect (Instr. 3) any Code (Instr. 3, 4 and 5) Beneficially (D) or Beneficial (Month/Day/Year) Owned Indirect (I) Ownership (Instr. 8) Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common Stock, \$.01 D 10,000 par value Common Stock, \$.01 9,350 Ι By IRRA par value Common Stock, \$.01 11,000 Ι By IRRA par value

P

500

A

\$

2.59

500

I

By IRRA

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par value								
Common Stock, \$.01 par value	11/24/2008	P	800	A	\$ 2.6	800	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	11,278	A	\$ 2.86	11,278	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	2,900	A	\$ 2.87	2,900	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	500	A	\$ 2.88	500	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	3,100	A	\$ 2.89	3,100	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	300	A	\$ 2.9	300	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	200	A	\$ 2.91	200	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	100	A	\$ 2.95	100	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	500	A	\$ 2.96	500	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	500	A	\$ 2.99	500	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	2,600	A	\$ 3	2,600	I	By IRRA
Common Stock, \$.01 par value	11/24/2008	P	13,772	A	\$ 3.01	13,772	I	By IRRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transactio			ate Exercisable and iration Date		7. Title and Amount of Underlying Securities	
Security (Instr. 3)	or Exercise Price of Derivative Security	(any (Month/Day/Year)	Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			(Instr. 3 and 4)		Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (right to buy)	\$ 20.91					06/12/2009	06/12/2018	Common Stock	80,000	

Reporting Owners

Reporting Owner Name / Address	Relationships
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Director 10% Owner Officer Other

TIFFIN DONALD E 1004 N. BIG SPRING, SUITE 400 MIDLAND, TX 79701

Chief Operating Officer

Signatures

/s/ Donald E.
Tiffin

**Signature of Reporting Person

11/25/2008

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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