METLIFE INC Form 4 April 26, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Stock

Stock

04/25/2006

(Print or Type Responses)

1. Name and Address of Reporting Person * STEERE WILLIAM C JR			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer			
			METLIFE INC [MET]					(Check all applicable)			
(Last)	(First)	Middle)	3. Date of	of Earliest 7	Fransaction	1					
			(Month/Day/Year)					_X_ Director		10% Owner	
200 PARK AVENUE			04/25/2006					Officer (gibelow)	ive titlebelow)	Other (specify	
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting						
NEW YORK, NY 10166								Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	e Secui	rities Ac	quired, Disposed	of, or Benefi	cially Owned	
1.Title of	2. Transaction Date	2A. Deeme	ed	3.	4. Securit	ties Ac	quired	5. Amount of	6.	7. Nature of	
Security	(Month/Day/Year)	Execution	Date, if	Transactio	on(A) or Di	sposed	of (D)	Securities	Ownership	Indirect	
(Instr. 3)		any		Code	(Instr. 3,	4 and 5	5)	Beneficially	Form:	Beneficial	
		(Month/Da	ny/Year)	(Instr. 8)	Amount	(A) or (D)	Deigo	Owned Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
				Code V	Amount	(D)	Price				

2,245

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $A^{(1)}$

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SEC 1474

(9-02)

16,263

10

50.13

D

I

By MetLife

Policyholder

Trust (2)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8		5. Number coof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sect (Ins
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock Equivalent Units	\$ 50.13	04/25/2006		A(3)		3,241		(3)	<u>(3)</u>	Common Stock	3,241	\$:

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
STEERE WILLIAM C JR 200 PARK AVENUE NEW YORK, NY 10166	X							

Signatures

Gwenn L. Carr, authorized signer 04/26/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported Common Stock were acquired pursuant to the 2005 MetLife Deferred Compensation Plan for Outside Directors.
- (2) Shares held in trust under MetLife Policyholder Trust established to hold shares of Common Stock allocated to eligible policyholders of Metropolitan Life Insurance Company, a wholly-owned subsidiary of MetLife, Inc.
- The reported Common Stock Equivalent Units were acquired pursuant to the MetLife Deferred Compensation Plan for Outside Directors (3) whereby Directors may elect to defer receipt of cash retainer fees for a specified period of time into a fund that tracks a MetLife Common Stock Fund. When such Common Stock Equivalent Units are distributed, they are settled in cash.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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