Edgar Filing: SHEEHAN JAMES N - Form 4

SHEEHAN	JAMES N										
Form 4	• • • • •										
August 31, 1	_								0145.45		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL				
	UNITED	SIAIES			AND EAC. n, D.C. 2054		GE CU		OMB Number:	3235-0287	
Check the	his box		***	ishingtoi	I, D.C. 205					January 31,	
if no longer subject to Section 16.				CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Expires: 2005 Estimated average burden hours per	
Form 4 or									response	0.5	
Form 5	Filed put	suant to S	Section	16(a) of t	he Securitie	es Exc	change A	Act of 1934,			
obligatio may cor <i>See</i> Inst	ntinue. Section 17(•	lding Comp t Company	•		935 or Section	l		
1(b).	luction										
(Print or Type	Responses)										
1 Nama and	Address of Penerting	Darson *	. .		1.07.1.07		5	Palationship of I	Doporting Doro	on(a) to	
1. Name and Address of Reporting Person * 2. Issue SHEEHAN JAMES N Symbol								. Relationship of Reporting Person(s) to ssuer			
Symbo			-	RMEL FOODS CORP /DE/							
			[HRL]		Do cora			(Check	all applicable)	
(Last)	(First) (Middle)	3. Date of	of Earliest 7	Fransaction		_	Director	10%	Owner	
				Day/Year)				_X_ Officer (give title Other (specify below)			
1 HORME	L PLACE		08/28/2	2009			D	· ·	& Controller		
	(Street)		4. If Amendment, Date Original 6					. Individual or Joint/Group Filing(Check			
		Filed(Mo	onth/Day/Ye	ar)		pplicable Line)					
	B 1 1 2 3 4 3							X_ Form filed by Or Form filed by Mo			
AUSTIN, N	MN 55912						P	erson	sie ului olie itej	porting	
(City)	(State)	(Zip)	Tat	ole I - Non-	Derivative So	ecuriti	es Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of	2. Transaction Date			3.	4. Securities			5. Amount of	6.	7. Nature of	
Security (Instr. 3)	(Month/Day/Year)	Execution any	Date, 11	Code	oror Disposed (Instr. 3, 4 a			Securities Beneficially	Ownership Form:	Indirect Beneficial	
((Month/Da	ay/Year)	(Instr. 8)	(Owned	Direct (D)	Ownership	
								Following Reported	or Indirect (I)	(Instr. 4)	
						(A)		Transaction(s)	(I) (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common	08/28/2000						\$	3,403.1401	т	JEPST	
Stock	08/28/2009			Р	540.7812	A	37.16	(1)	Ι	Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 7. Title and 2 4. 5. 6. Date Exercisable and 8. Price of Derivative Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date Amount of Derivative Security or Exercise any Code of (Month/Day/Year) Underlying Security Price of (Month/Day/Year) (Instr. 8) (Instr. 5) (Instr. 3) Derivative Securities Derivative Securities (Instr. 3 and 4) Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Amount or Date Expiration Title Number Exercisable Date of Code V (A) (D) Shares

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
SHEEHAN JAMES N 1 HORMEL PLACE AUSTIN, MN 55912		V.P. & Controller						
Signatures								
James N. Sheehan, by Power o Attorney	f	08/31						
<u>**</u> Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting Person also directly holds 3,545.87 shares in a broker account.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. e="border:none">Represents common stock withheld by the issuer to cover tax withholding obligations arising from the vesting of a previous grant of restricted shares.

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