AMES CARMEN HOLDING

Form 4

Common

Stock

Class B

Common

December 28.	, 2005								
FORM 4 UNITED STATES SECURITIES AND EVCHANCE COMMISSION							OMB APPROVAL		
	Washington, D.C. 20549					OMB Number:	3235-0287		
Check this if no longe subject to Section 16 Form 4 or Form 5	STATEMENT	:	GES IN BENEFICES SECURITIES			Expires: Estimated a burden hou response	ırs per		
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type R	esponses)								
AMES CARMEN HOLDING Syn FIF			Name and Ticker or T STIZENS BANCS / [FCNCA]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 2220 WHITE	(First) (Middle)	3. Date of I (Month/Da	3. Date of Earliest Transaction (Month/Day/Year) 12/22/2005			te title 10% Owner Other (specify below)			
			dment, Date Original h/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) (Zip)	Table	I - Non-Derivative S	ecurities Ac	quired, Disposed o	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	any	cution Date, if	3. 4. Securi TransactionAcquired Code Disposed (Instr. 8) (Instr. 3,	(A) or d of (D) 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class A Common Stock					25,129	D			
Class A Common Stock					122,800 (1) (3)	I	Held by family trusts (2)		
Class B									

581

59,759 (1)

D

I

Held by

family

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 Stock
 trusts (2)

 Class B
 G

 Common 12/22/2005
 G
 V 111 A \$ 0 111 I

 Stock
 For child

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.	ection (8)	5. nNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer Other				
AMES CARMEN HOLDING							
2220 WHITE OAK ROAD	X						
RALEIGH, NC 27608							

Signatures

Carmen Holding Ames, By: William R. Lathan, Jr., Attorney-in-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Excludes additional shares of Issuer's stock held by another trust of which the reporting person is sole beneficiary with no investment or voting control.

Reporting Owners 2

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- The reporting person is the sole beneficiary of the trust, but she has limited investment control, subject to discretion of the turstees, and she disclaims beneficial ownership of the shares held by the trust except to the extent of her pecuniary interest therein.
- (3) Due to a typograhical error, the report on Form 4 dated December 31, 2003, reported the beneficial ownership of Class A Common Stock held by family trusts as 12,800 shares. The correct number of shares should be 122,800 and is reflected in this report.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.