VEGLIANTE FRANCIS Form SC 13D/A December 01, 2004

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13D (RULE 13d-101)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED
PURSUANT TO RULE 13d-1(a) AND
AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2 (a)
(Amendment No. 1)*

ALLIANCE DISTRIBUTORS HOLDING INC.

(NAME OF ISSUER)

COMMON STOCK, \$.001 PAR VALUE

(TITLE OF CLASS OF SECURITIES)

01858P105

(CUSIP NUMBER)

Francis Vegliante 15-15 132nd Street,
College Point, New York 11356 (718) 747-1500

(NAME, ADDRESS AND TELEPHONE NUMBER OF PERSON AUTHORIZED TO RECEIVE NOTICES AND COMMUNICATIONS)

November 22, 2004
-----(DATE OF EVENT WHICH REQUIRES FILING OF THIS STATEMENT)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(c), 13d-1(f) or 13d-1(g), check the following box. $|_|$

Note. Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7 (b) for other parties to whom copies are to be sent.

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

1		ORTING PERSONS IFICATION NO. OF ABOVE PERSONS (ENTITIES ONLY) IANTE	
2	CHECK THE API (a) _ (see	PROPRIATE BOX IF A MEMBER OF A GROUP	
3	SEC USE ONLY		
4	SOURCE OF FUI		
5	CHECK BOX IF ITEM 2(d) or	DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO 2 (e)	
6	CITIZENSHIP OR PLACE OF ORGANIZATION USA		
N	IUMBER OF SHARES	7 SOLE VOTING POWER 8,226,655 shares of common stock	
	WNED BY	8 SHARED VOTING POWER	
R	EACH REPORTING	9 SOLE DISPOSITIVE POWER 8,226,655 shares of common stock	
	CRSON WITH NARED DISPOSITIV		
 11		N/A OUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 6,655 shares of common stock	
		THE AGGREGATE AMOUNT IN ROW (11)	

		I_I
13	PERCENT	OF CLASS REPRESENTED BY AMOUNT IN ROW 11
		15.57%
14	TYPE OF	REPORTING PERSON
		IN

Note: Mr. Vegliante is no longer a member of a group within the meaning of Rule 13d-5.

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ITEM 1. SECURITY AND ISSUER.

The title of the class of equity securities to which this statement relates is common stock, \$.001 par value (the "common stock"), of Alliance Distributors Holding Inc., a Delaware corporation (the "Company"). The address of the principal executive offices of the Company is 15-15 132nd Street, College Point, New York 11356.

ITEM 2. IDENTITY AND BACKGROUND.

This statement on Schedule 13D is being filed by Francis Vegliante. His business address is 15-15 132nd Street, College Point, New York 11356.

Mr. Vegliante is a citizen of USA.

During the last five years, Mr. Vegliante has not been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors). Mr. Vegliante was not, during the last five years, a party to a civil proceeding of a judicial or administrative body of competent jurisdiction.

ITEM 3. SOURCE AND AMOUNT OF FUNDS OR OTHER CONSIDERATION.

On November 22, 2004, 517,104 Series B Convertible Non Redeemable Preferred Stock, par value \$.001 ("Series B Preferred Shares"), of Essential Reality, Inc., a Nevada corporation ("Essential") and the predecessor of the Company, held by Mr. Vegliante automatically converted into 8,226,655 shares of common stock of the Company (See Item 4).

ITEM 4. PURPOSE OF TRANSACTION.

Reference is made to the Schedule 13D filed by Mr. Vegliante on July 14, 2004 describing Essential's acquisition of Mr. Vegliante's interest in a corporation and the issuance of 517,104 Series B Preferred Shares by the Company to Mr. Vegliante as consideration for the purchase.

Effective November 22, 2004, Essential Reality, Inc., a Nevada corporation, (i) changed from a Nevada corporation to a Delaware corporation, and changed its name from Essential Reality, Inc. to Alliance Distributors Holding Inc. and (ii) completed a reverse split of its common stock on a one-for-44 basis. Upon the effectiveness of the reverse split and merger, the Series B Preferred Shares held by Mr. Vegliante

automatically converted into 8,226,655 shares of common stock.

ITEM 5. INTEREST IN SECURITIES OF THE ISSUER.

- (a)-(b) Mr. Vegliante is the direct owner of 8,226,655 shares of common stock.
- (c) Except for the transactions described in Items 3 and 4 above, Mr. Vegliante did not engage in any transaction in the common stock of the Company.
- (d) N/A
- (e) Mr. Vegliante continues to be the beneficial owners of more than five percent of the outstanding Common Stock of the Company.
- ITEM 6. CONTRACTS, ARRANGEMENTS, UNDERSTANDINGS OR RELATIONSHIPS WITH THE ISSUER.

N/A

ITEM 7. MATERIAL TO BE FILED AS EXHIBITS.

N/A

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: December 1, 2004

By /s/ Francis Vegliante
----Francis Vegliante

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