

Bannon Kevin j
 Form 4
 January 04, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Bannon Kevin j

2. Issuer Name and Ticker or Trading Symbol
 URSTADT BIDDLE PROPERTIES INC [UBA]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 62 CROTON AVENUE
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 01/04/2010

Director 10% Owner
 Officer (give title below) Other (specify below)

MOUNT KISCO, NY 10549
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount		
Class A Common Stock	01/04/2010		J ⁽¹⁾	950 A	\$ 0	21,550 ⁽²⁾	I	See footnote ⁽³⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Bannon Kevin j 62 CROTON AVENUE MOUNT KISCO, NY 10549		X		

Signatures

Kevin J. Bannon by Thomas D. Myers as Attorney-in-Fact 01/04/2010

__Signature of Reporting Person
Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 4, 2010, the Issuer entered into an agreement with Kevin J. Bannon (the "Reporting Person") whereby the Reporting Person
- (1) was granted a restricted stock award of 950 shares of Class A Common Stock pursuant to the Issuer's Amended and Restated Restricted Stock Award Plan (the "Restricted Stock Award Plan").
 - (2) This figure includes the 1,850 restricted shares of Class A Common Stock issued pursuant to the Restricted Stock Award Plan.
- The Reporting Person is the direct beneficial owner of 16,850 shares of Class A Common Stock, which includes the 1,850 restricted shares of Class A Common Stock referenced in Footnote (2). Additionally, he is the indirect beneficial owner of 4,700 shares of Class A Common Stock of which 1,700 shares are held in the name of the Kevin J. Bannon IRA for the benefit of Kevin J. Bannon, 1,000 shares
- (3) are owned by the Katherine E. Bannon 2001 Revocable Trust dated 10/22/01, for the benefit of Katherine E. Bannon, Mr. Bannon's daughter, 1,000 shares are owned by the Michael E. Bannon 2000 Revocable Trust dated 8/17/00, for the benefit of Michael E. Bannon, Mr. Bannon's son, and 1,000 shares are owned by the Trust established under the will of Nathan B. Epstein for the benefit of Susan E. Bannon, Mr. Bannon's wife, et al. Mr. Bannon is co-trustee of each of the abovementioned trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.