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OKEEFE MA	ARY A								
Form 4									
December 11	, 2007								
FORM	Δ								PPROVAL
Washington, D.C. 20549								OMB Number:	3235-0287
Check this box							Expires:	January 31,	
if no longe subject to Section 16 Form 4 or Form 5	51AIEME		F CHANGES IN BENEFICIAL OW SECURITIES					Estimated a burden hou response	irs per
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type R	esponses)								
1. Name and Ac OKEEFE MA	Symbol	2. Issuer Name and Ticker or Trading Symbol PRINCIPAL FINANCIAL GROUP INC [PFG]				5. Relationship of Reporting Person(s) to Issuer			
	INC [PF					(Check all applicable)			
(Last) 711 HIGH S'	(First) (Mide	(Month/Da	-	nsaction			Director X Officer (give below)		6 Owner er (specify
/11 пюп 5	12/07/20	12/07/2007				Sr. VP & Chief Mktg. Off.			
	(Street)		ndment, Date th/Day/Year)	e Original			6. Individual or Jo Applicable Line) _X_ Form filed by	One Reporting Po	erson
DES MOINE	ES, IA 50392						Person	More than One Re	eporting
(City)	(State) (Zij	^{p)} Table	e I - Non-De	rivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	5	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit nAcquired Disposed (Instr. 3,	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	12/07/2007		А	44	А	\$ 0 (1)	9,121 <u>(2)</u>	D	
Common Stock							413	Ι	By 401(k) Plan
Common Stock							211	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	Derivative	Expiration D (Month/Day/	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Performance Units	(3)	12/07/2007	А	171	(4)	(4)	Common Stock	171	
Phantom Stock Units	<u>(3)</u>	12/07/2007	А	14.6	(5)	(5)	Common Stock	14.6	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
OKEEFE MARY A 711 HIGH STREET DES MOINES, IA 50392			Sr. VP & Chief Mktg. Off.				
Signatures							
Joyce N. Hoffman, by Power o Attorney	f	12/11	/2007				

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- (1) Grant of restricted stock units.
- (2) Includes 2,445 shares acquired pursuant to the Principal Financial Group, Inc. Employee Stock Purchase Plan.
- (3) Security converts to common stock on a one-for-one basis.
- (4) The reported performance units were acquired pursuant to the Principal Financial Group Long-Term Performance Plan. Units under the Plan will be settled in cash or stock within a five-year period from the date of vesting.

The reported phantom stock units were acquired pursuant to the Principal Select Savings Excess Plan and may be transferred at any time(5) into another investment alternative under the Plan. Interests under the Plan will be settled upon the reporting person's retirement or other termination of service.

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.