

ALEXANDRIA REAL ESTATE EQUITIES INC

Form 4

May 10, 2007

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
Shigenaga Dean A

(Last) (First) (Middle)

C/O ALEXANDRIA REAL
ESTATE EQUITIES, INC, 385 E.
COLORADO BLVD. SUITE 299

(Street)

PASADENA, CA 91101

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
ALEXANDRIA REAL ESTATE
EQUITIES INC [are]

3. Date of Earliest Transaction
(Month/Day/Year)
05/08/2007

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title ____ Other (specify
below) below)
Chief Financial Officer

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D)	Price	
Common Stock	05/08/2007		S		300	D \$ 107.09	23,699 D
Common Stock	05/08/2007		S		200	D \$ 107.1	23,499 D
Common Stock	05/08/2007		S		200	D \$ 107.11	23,299 D
Common Stock	05/08/2007		S		100	D \$ 107.12	23,199 D
	05/08/2007		S		100	D \$ 107.13	23,099 D

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Common
Stock

Common Stock	05/08/2007	S	100	D	\$ 107.14	22,999	D
Common Stock	05/08/2007	S	600	D	\$ 107.15	22,399	D
Common Stock	05/08/2007	S	1,700	D	\$ 107.16	20,699	D
Common Stock	05/08/2007	S	100	D	\$ 107.17	20,599	D
Common Stock	05/09/2007	M	2,400	A	\$ 38.4375	22,999	D
Common Stock	05/09/2007	S	2,400	D	\$ 108.75	20,599	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right-to-Buy)	\$ 38.4375	05/09/2007		M		2,400		<u>(1)</u>	12/27/2010	Common Stock	2,400

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
Shigenaga Dean A C/O ALEXANDRIA REAL ESTATE EQUITIES, INC	Chief Financial Officer

385 E. COLORADO BLVD. SUITE 299
PASADENA, CA 91101

Signatures

/s/Eric J. Steiner

(Attorney-in-fact)

05/10/2007

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Immed

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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