

WOLTZ H O III
Form 4
February 11, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
WOLTZ H O III

(Last) (First) (Middle)
1373 BOGGS DRIVE
(Street)

MOUNT AIRY, NC 27030

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
INSTEEL INDUSTRIES INC [IIN]

3. Date of Earliest Transaction
(Month/Day/Year)
02/10/2009

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
President and CEO

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Common Stock	11/25/2008		G	V	3,529	D	\$ 0 395,358 D
Common Stock	12/17/2008		G	V	250	D	\$ 0 395,108 D
Common Stock ⁽¹⁾	02/10/2009		A		19,868	A	\$ 0 414,976 D
Common Stock							48,419 I Custodial Account
Common Stock							47,913.1128 I Restricted

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Common Stock 3,270 I by Children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 7.55	02/10/2009		A	V 10,870	(2) 02/10/2019	Common Stock	10	
Non-Qualified Stock Option (right to buy)	\$ 7.55	02/10/2009		A	V 21,739	(2) 02/10/2019	Common Stock	21	
Incentive Stock Option (right to buy)	\$ 6.89					07/26/2006 07/26/2015	Common Stock	11	
Incentive Stock Option (right to buy)	\$ 9.12					(2) 03/04/2015	Common Stock	17	
Incentive Stock Option (right to buy)	\$ 11.15					(2) 02/19/2018	Common Stock	28	
Incentive Stock Option (right to buy)	\$ 15.64					02/14/2007 02/14/2016	Common Stock	5	
Incentive Stock Option (right to buy)	\$ 17.11					(2) 02/13/2017	Common Stock	5	
Incentive Stock Option (right to buy)	\$ 20.26					08/14/2007 08/14/2016	Common Stock	2	

Incentive Stock Option (right to buy)	\$ 20.27	(2)	08/13/2017	Common Stock	8
Non-Qualified Stock Option (right to buy)	\$ 15.64		02/14/2007 02/14/2016	Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 16.69	(2)	08/19/2018	Common Stock	15
Non-Qualified Stock Option (right to buy)	\$ 17.11	(2)	02/13/2017	Common Stock	9
Non-Qualified Stock Option (right to buy)	\$ 20.26		08/14/2007 08/14/2016	Common Stock	4
Non-Qualified Stock Option (right to buy)	\$ 20.27	(2)	08/13/2017	Common Stock	10

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WOLTZ H O III 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	X		President and CEO	

Signatures

By: James F. Petelle For: H. O. Woltz III
02/11/2009

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Restricted Stock Units

(2) options vest 1/3 annually beginning 1 year from grant date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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